

My name is Martín and I'm a football player. It can be a difficult job when you have to train very hard, but I still like it. Well, yesterday I had a hard training day. I had to do 100 push ups and 100 sit ups. When I finished I was exhausted.

At Half past five, I finished my training and went home, had a shower, changed clothes and had a big dinner with meat, eggs, potatoes and vegetables. Well, I was eating my meal when my sister appeared. She asked me to help her move her books. I accepted, as I thought it was easy to do. "But please, wait until I finish eating". I finished and went to her bedroom.

When I arrived I saw a thousand books on the bed "as you are a sportsman I know you are strong, I only have to move them to the new bookshelves. I love my sister, so I helped her, but later I slept like a baby, I can't believe how tired I was.

Martin felt after training

He arrived home at

He had

His sister talked to him while he was

He thought it was

His sister thinks he is

for dinner

to help his sister.

