My quiz Proficiency: Unit 4 Reading ,pg. 38-40

Name: **Date:**

Complete the sentences with the words **(eschew, deadline, hazard, committed, regime, sedentary, persevere, prolonged, gear, estimate)** and make any necessary changes.

1. Doctors say that a ..... lifestyle is responsible for the rise in serious illnesses.
2. Many fitness regimes seem difficult in the beginning, but if you .....with them, they get easier.
3. I always keep my tennis .....in the car, in case I get the chance to play a game.
4. Not only does Dan avoid eating meat, he also ..... all animal products.
5. The .....for this work is Monday, so I have to do it over the weekend.
6. It's difficult to ..... the total cost of the project, but we will need to come up with a figure.
7. Using a screen for ..... periods is harmful to the eyes.
8. Jack started a new exercise ..... in which he had to run over 10 kilometers every day.
9. A..... player always does his or her best for the team.
10. Ice on the roads is a major ..... for drivers.

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