Student Name:-

Classes:-

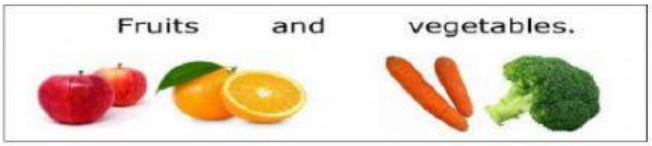
Types of nutrients (activity)

- **Match each nutrient with the food that contains it :-**

1. Carbohydrate.



2. Protein.



3. Vitamins.



4. Fats.



Good luck

LIVEWORKSHEETS