

# 16 PERSONALITIES



From: <https://www.discovermagazine.com/mind/the-problem-with-the-myers-briggs-personality-test>

## 1. Choose the characteristics of your personality.

- Are you an introvert (I) or an extrovert (E)?  
I'm an \_\_\_\_\_.
- Do you follow your senses (S) or intuition (N)?  
I follow my \_\_\_\_\_.
- Are you a thinker (T) or a feeler (F)?  
I'm a \_\_\_\_\_.
- Do you tend to judge (J) or perceive (P)? Write J or P  
I tend to \_\_\_\_\_.

DONE



## 2. Write in order the first letter of each of your personality characteristics

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.

DONE



## 3. Take the Myers - Briggs Personality Test at

<https://www.16personalities.com/free-personality-test>

DONE



## 4. Write here the results of your Myers - Briggs Personality Test

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.

DONE



## 5. Write and compare your results:

My Personality personal appreciation				
Myers - Briggs Personality Test				

Are they the same? \_\_\_\_\_ Yes / \_\_\_\_\_ No

DONE

