Watch the episode and fill out the gaps

1.Sleep occupies nearly a .....of our lives.

2.What goes on in your brain while is an intensely active period of .....

3.HM's ability to form .....memories was also damaged.

4.There are a few ways to influence the extent and .....of memory retention.

5.Going to sleep three hours after memorizing formulas and one hour after practicing your scales would be the .....

LIVEWORKSHEETS