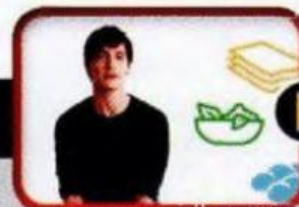


Speaking Giving instructions

Real talk: What would you make if you had to cook for your family for a day?

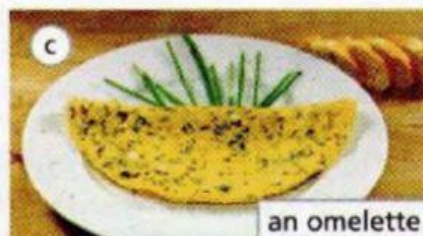


- 1 4.3 Watch or listen to the teenagers. What food items does each person talk about?

omelette sandwiches salad vegetables eggs rice dish soup cake chicken
steak pizzas berry pie potato salad lasagne pancakes meat pasta

- 2 What would you make if you had to cook for your family for a day? Ask and answer with your partner.

- 3 1.47 Listen to Josh talking to his mum on the phone. What is he going to make?



- 4 Complete the conversation with the useful language.

Useful language

You need to stir it ...	Next, you ...
Finally, when ...	The first thing to do is ...
First of all, chop ...	Then, add ...

Mum: Right, Josh. ¹ The first thing to do is get out the ingredients. You'll need an onion, two cloves of garlic, a tin of chopped tomatoes, the packet of mince from the fridge and some tomato puree.

Josh: OK, I'll write down what I have to do.

Mum: Ready? ² ... the onion and the garlic and fry them gently with some oil until they're soft. ³ ... add the mince to the pan. ⁴ ... for a few minutes until it's brown.

Josh: OK. It sounds simple enough. What else?

Mum: ⁵ ... the tin of tomatoes, a tablespoon of tomato puree, some water to cover the meat, and salt and pepper.

Josh: OK. Then what?

Mum: ⁶ ... it boils, turn the heat down low. And that's it! If you put a lid on it and let it cook gently, it will be ready when I get home.

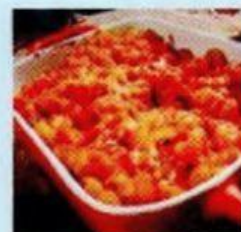
- 6 Work with a partner. Practise the conversation in Exercise 4.

- 7 Work with a partner. Plan your own conversation. Use the ideas below and Exercise 4 to help you.

Dish: Cheesy pasta bake

Ingredients: 140g pasta, 2 onions, 2 carrots, 4 cloves of garlic, tomatoes, grated cheese

Cooking instructions: slice onion and garlic, fry gently; add chopped vegetables; boil pasta for 12 minutes; mix everything in a dish; bake for 20 minutes; serve with cheese on top.



Dish: Vegetable and cheese omelette

Ingredients: 4 eggs, 1 onion, mushrooms, red pepper, grated cheese, 20g butter

Cooking instructions: chop vegetables, fry in butter until soft; mix vegetables and eggs together; put in pan and fry for 2 minutes; add grated cheese on top and cook for 1-2 minutes.



- 5 1.47 Listen again and check your answers.