

# Language focus 1 Reflexive pronouns and each other

## 1 Complete the examples from the text.

- 1 They really respect and trust ....
- 2 Brooke is very determined and is very good at motivating ....
- 3 To be a world-class athlete of any kind, you have to push .... and train hard.

## 2 Look again at the examples in Exercise 1. Copy and complete the table and answer the questions.

subject pronoun	object pronoun	reflexive pronoun
I	me	myself
you	you	1 .... /yourselves
he	him	himself
she	her	2 ....
it	it	itself
we	us	ourselves
they	them	themselves

- 1 In sentence 1, who does Brooke trust? And who does her mother trust?
- 2 In sentence 2, who motivates Brooke?
- 3 In sentence 3, who pushes a world-class climber to work harder?

## 3 Match the beginnings and the ends of the sentences.

- 1 She looked at herself *c*
- 2 They looked at each other
- 3 She's very independent and
- 4 The two sisters are great friends and
- 5 My best friend moved away last year and I really miss her but
- 6 He walked quickly down the street,
- 7 We work really well together and
- 8 Before an important climb, I always sit quietly on my own

- a she always looks after herself.
- b talking quietly to himself.
- c in the mirror as she practised her moves.
- d we talk to each other online every day.
- e and try to focus myself on the challenge.
- f help each other to focus on our strengths.
- g across the busy room and smiled.
- h they always look after each other.

## Get it right!

We write reflexive pronouns as one word.  
**yourself, themselves ✓**  
**yourself, them selves X**  
 But we write **each other** as two words.  
**each other ✓ eachother X**

## 4 Complete the conversations with reflexive pronouns or **each other**. Then listen and check.

- 1 A: How's Matías? Did you see **each other**, over the weekend?  
 B: No, he's really busy preparing .... for the world championship. I never see him!
- 2 A: Did you ever ask .... why you love climbing so much?  
 B: No, never, it's just part of me. But I do sometimes ask .... why I have to get out of bed so early to train every morning!
- 3 A: Did you and your family enjoy .... at the competition last week?  
 B: Yes, it was great. My mum and my uncle hadn't seen .... for ages. It was really nice for them to be able to spend some time together.
- 4 A: Is Philly in school today? We were supposed to be seeing .... at lunchtime.  
 B: She isn't here today. She hurt .... climbing.

## Your turn

## 5 When was the last time you did these things? Make notes.

- hurt yourself
- taught yourself to do something new
- enjoyed yourself so much you didn't notice time passing
- found yourself in a difficult situation

## 6 Work with a partner. Discuss your ideas from Exercise 5.

I hurt myself quite badly last weekend when I fell off my bike.