

Present Perfect	Past Perfect	Present perfect continuous	Past perfect continuous
- used for past actions that are related to or continue into the present. <i>She has written a paragraph.</i>	-used to talk about actions that were completed before some point in the past. <i>She had written a paragraph by 10 p.m. yesterday.</i>	- shows that something started in the past and is continuing at the present . <i>She has been writing a paragraph for three hours.</i>	- shows that an action that started in the past continued up until another time in the past. <i>She had been writing a paragraph, when her friend came.</i>
+ S + have/ has + V(III)	+ S + had + V(III)	+ S + have/ has + been + Ving	+ S + had been + Ving
- S + haven't/ hasn't + V(III)	- S + hadn't + V(III)	- S + haven't/ hasn't + been + Ving	- S + hadn't + Ving
? Have /Has+ S + V(III)	? Had + S + V(III)	? Have /Has+ S + been + Ving	? Had + S + been + Ving

2 Choose the correct alternatives to complete the sentences.

- I'm afraid I've had / I had had some bad news.
My cousin has been / had been in an accident.
- My eyes are hurting a bit because I've been reading / I've read this book for over two hours.
- I really enjoyed the new drama series on TV last night.
I haven't seen / I hadn't seen it before.
- I'm so glad Katya texted me from her holiday this morning. I'd been waiting / I'd waited to hear from her all week.
- No, I don't need to tidy my room because I've already / yet tidied it. I did it last night.
- I've been getting / I'd got a lot of headaches recently. I think I need to see the doctor.
- We've been working / We worked on this for ages. Let's have a break.
- Leo has broken up / broke up with Helena and she's feeling very sad.