

Unit 4. FLAVOURS

Ex.1 Let's remember the words

WORDS

- *sour* - кислий
- *sweet* - солодкий
- *bitter* - гіркий
- *salty* - солоний
- *spicy* - гострий
- *taste buds* - смакові рецептори

Ex.3 Read the text. Make the following statements as TRUE or FALSE

A GUIDE TO UNDERSTANDING FLAVOURS

New chefs often have trouble describing how food tastes. This guide will help you discuss how taste buds respond to different foods.

- ℓ Coffee and tea have a **bitter** flavor. Many people add sugar to make them **sweet**. Some fruits, like lemons and oranges, are both sweet and sour.
- ℓ Some warm meals are **spicy**, but many people dislike the burning feeling. You can make any meal **salty** if you simply add salt to the finished product. Adding fresh herbs or poultry seasoning can make soups more **savory**.
- ℓ Many candies and gums are **minty** and used to control bad breath. These products likely leave an **aftertaste**.



	TRUE	FALSE
1. Bitter foods and sweet foods often taste similar.		
2. Many people dislike the hot sensation produced by spicy foods.		
3. Minty flavours often leave an aftertaste.		

Ex.4 Choose the correct word

1. The tea tasted fine at first but then it had an unpleasant **flavor / aftertaste**.
2. The chicken gave the soup **savory / minty** flavour.
3. The tea was too **sweet / bitter**, so I added more sugar.
4. I detected the **taste buds / flavour** of garlic in my soup.
5. Most people like **salty / sour** potatoes.

Ex.5 Match the words (1-6) with the definitions (a-f)

- | | |
|-----------------|---|
| 1 ___ sour | a. an organ the senses a flavour |
| 2 ___ spicy | b. having a flavour that produces a cooling sensation |
| 3 ___ taste | c. having a flavour produced by fruit such as lemons |
| 4 ___ sweet | d. having a flavour produced by sugar |
| 5 ___ minty | e. to produce the flavour of something |
| 6 ___ taste bud | f. having a flavour that produces a burning sensation |

Ex.6 Listen to a conversation between two chefs. Choose the correct answer. Listen again and fill in the dialogue.

1. What is the main idea of the conversation?

2. What will the man likely add to the soup?

Chef 1	Paula, will you help me with my new herb and garlic soup recipe?
Chef 2	Sure. What _____?
Chef 1	Something doesn't _____. Here, try it and tell me what you think.
Chef 2	Well, the cheese give it a nice _____. But you are right, something's off.
Chef 1	Is it too spicy? I'm afraid I added _____.
Chef 2	No, that's not it. I think it's _____.
Chef 1	Really? Well, _____ and try again.