

READING

A As a class, discuss what you think the term *kidult* refers to.

B  **8.01 READING SKILL—Read for main ideas** Read the text. Then match the main ideas (1-4) to the paragraphs (a-d). Write the letter.

← → C ⭐ ⚓

KIDS + ADULTS = KIDLTS

Adults like having toys—no, not boats, sports equipment, or expensive audio equipment, but actual children's toys. They are making things with building blocks, coloring in coloring books, making art with 3D pens, and doing difficult puzzles; they are bouncing inside enormous plastic balls and flying kites. There is a new term for adults who love playing like children: *kidults*.

Why is this happening? Experts think that in part it is because people, especially millennials, want an escape from the complications of the modern world. Acting like a child is a way to return to a simpler time, but there is another reason for this trend. Doing kids' activities is fun! Why shouldn't adults enjoy doing things like flying kites or coloring?

People over 50 also spend time doing children's activities. Many grandparents are very healthy and active, and they love playing with their grandchildren. Seniors are playing board games, doing arts and crafts, and participating in other activities that kids love.

Being an adult doesn't mean that you have to be serious all the time or pay a lot of money for entertainment. Are you creative? Try building a model or making a sculpture with clay. Maybe you love being active, but you can't stand playing competitive sports. Try jumping rope or flying a kite. Find your inner child and enjoy being a kidult!



- 1 There are two main reasons why young people like being kidults.
- 2 Adults are doing many children's activities.
- 3 You don't always have to act like an adult.
- 4 There is a large group of older kidults.

Paragraph _____

Paragraph _____

Paragraph _____

Paragraph _____