student's 9

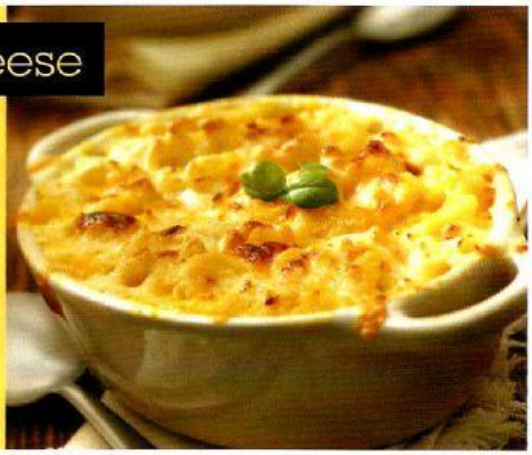
PERSPECTIVES Comfort food

A Listen to this recipe for macaroni and cheese. Do you think this is a healthy dish?

Baked Macaroni and Cheese

- *1 package elbow macaroni*
- *4 tablespoons butter*
- *2 cups heavy cream*
- *4 cups cheddar cheese, shredded*

First, boil the macaroni in a large pot for 5 minutes. Then melt the butter on medium heat and add the cream. Stir for about 2 minutes. Next, add the cheese. Stir until the cheese is melted. Season with salt and pepper. After that, add the cooked macaroni and mix well. Finally, bake for 20 minutes.



B **PAIR WORK** Look at the steps in the recipe again. Number the pictures from 1 to 5. Would you like to try this traditional American dish?







LIVEWORKSHEETS