



## Sport

**1** Choose the correct verb to complete the sentences.

1. I play / practise / go jogging every morning before work.
2. I go / take / make plenty of exercise every week because I walk to work!
3. Most experts say that keeping / going / making fit is very important if you sit at a desk all day.
4. Tony plays / practises / makes tennis at a local club when he has some free time.
5. Clara hit / beat / shot the ball really hard and it went into the net.
6. The class make / do / play gymnastics once a week in the new gym.
7. The school football team beat / won / succeeded every team they played this term.
8. I did a course to develop / expand / progress my tennis skills.

**2a** Complete the sentences with the correct form of the verb in brackets, -ing or to + infinitive.

1. Elena can't stand ..... (play) football; she prefers athletics.
2. I regretted ..... (do) the extra training session because I felt so tired afterwards.
3. Lucas is planning ..... (take up) skiing next year.
4. Nicole really enjoys ..... (go) for long runs in the hills near her home.
5. The squash player managed ..... (win) the final game despite being exhausted.
6. Leo refused ..... (join) his local gym even though his friends were all members.
7. My mother is considering ..... (enter) a golf tournament next month.
8. We knew we were unlikely ..... (lose) against a very weak and inexperienced team.

**2b** Complete the sentences with your own ideas.

1. I can't stand .....
2. I'm considering .....
3. My friends and I really enjoy .....
4. The weather is likely .....
5. My family's planning .....



## Exam task

For questions 1–8, read the text below and decide which answer (A, B, C or D) best fits each gap. There is an example at the beginning (0).

Example:

0 A complete B finish C fulfil D succeed

Example answer: C

### Coming second: pleasure or pain?

Every ambitious athlete hopes to (0) ..... their dream of winning a gold medal at the Olympics.

However, not everyone can win, and often talented athletes must accept second place. A team of psychologists recently (1) ..... some research

on the emotional responses of those finishing second. For certain individuals, a silver medal may (2) ..... their expectations and so naturally they will be delighted. They may also enjoy surprising experts and journalists who believed they had absolutely no (3) ..... of achieving anything.

In (4) ....., the athlete who everyone assumed would win with ease, but then suffers a (5) ..... defeat, may not celebrate their silver medal. This reaction differs sharply from the athlete who comes second but finished a long way behind the winner. There is a (6) ..... in the research that shows such a person will feel significantly happier.

To a certain (7) ....., these findings are not surprising. Silver medallists who were close to victory will almost certainly (8) ..... on what might have happened if they had trained harder, or done things differently.

1 A controlled	B conducted	C directed	D guided
2 A exceed	B overtake	C pass	D overcome
3 A outlook	B view	C estimate	D prospect
4 A opposition	B contrast	C distinction	D contradiction
5 A thin	B tight	C narrow	D slight
6 A habit	B trend	C custom	D tendency
7 A extent	B amount	C range	D level
8 A review	B wonder	C consider	D reflect

