Achievers
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GRADE 9 UNIT 5 | MIND & BODY

Name:

GRAMMAR MODAL VERBS: Rules, Obligation & Advice

A. Complete the safety advice with *must*, *mustn't* or *don't have to*. (9 marks)



- You [1] *must* check your skates before you put them on.
- You [2] _____ wear a helmet, and you [3] _____ check that it fits correctly.
- You [4] _____ skate in crowds.
- You [5] _____ hold onto a car or bicycle.
- You [6] _____ be a top athlete, but it's a good idea to be fit!



- You [7] _____ use the correct equipment.
- At a climbing wall, you [8] _____ buy your gear - you can hire it!
- You [9] _____ take risks or do anything silly - safety is very important.
- You [10] _____ try to stay calm - you need a clear head to think!

B. Write a piece of advice for each of the following problems. Use *should*, *shouldn't* and *ought to*. (6 marks)

I've got stomach ache.	You should
I eat junk food every day.	
I never have any money.	
I can't remember people's names.	
I want to live in another country.	
I don't like going to parties.	

C. Choose the correct *modal verbs* to complete the questions and answers. (7 marks)

Q *Dear life coach* I want to take up running. It looks like a cool sport. How [1] *should* I start?

A Well, first of all, here's a helpful idea. You [2] _____ get a running buddy and prepare a running timetable. That way you won't give up.

You need some decent shoes. They [3] _____ cost a lot, but they [4] _____ be proper running shoes from a sports shop. That will stop you getting injuries.

You [5] _____ try to run too far the first time you go running! You can easily hurt yourself. You [6] _____ build up the distances slowly.

You [7] _____ take a bottle of water with you - it's essential to stay hydrated.

And remember: you [8] _____ run a marathon to have fun and get fitter. So just start running - and enjoy yourself!

LIVEWORKSHEETS