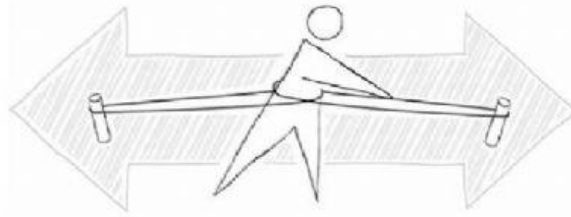


The Rubber band model



Options	Ask yourself: What is holding you back ?	Ask yourself: What is pulling you?
1.		
2.		

To be an adult= to take **RESPONSIBILITY** for your choices.

You have the responsibility, the ability to respond, not react out of impulse.



How?

Stop what you're doing,

Take a breath, Observe your habit/reaction

Proceed with your chosen response



A peacefulness follows any decision, even the wrong one. — Rita Mae Brown

Answer ONE of the following questions: (80-100 words)

What is the theme of the poem? Think of a situation in life which requires making an important choice. Describe the situation and think of TWO separate kinds of experiences you might encounter as a result of choosing one road over another.



What is the message of this poem? Think of a choice you have made. Do you have any regrets ? Do you think your life would have been different if you had made a different choice?



OR

A moral is something you learn from a story, a poem or an experience. Does this poem have a moral? What is it? The choice we make has far reaching consequences. How can you make the right choices in life?

