

## Password Reset B1+ – Test – Unit 5

**05 Listen to three people talking about the eating habits in their country. Complete the sentences with words or phrases from the recording.**

- 1 Karen thinks that it is \_\_\_\_\_ to improve your eating habits.
- 2 Some years ago, Karen's friend told her that she should read a \_\_\_\_\_.
- 3 Oliver and his girlfriend \_\_\_\_\_ cook at home.
- 4 Oliver says that cooking takes time and \_\_\_\_\_.
- 5 Zoe thinks that \_\_\_\_\_ is making good food trendy.
- 6 Zoe says that a lot of people want to get \_\_\_\_\_ too soon when they go on a diet.

**Choose the answer a, b or c which means the same as the Polish parts of the sentences in brackets.**

- 1 Thank you \_\_\_\_\_ (*że zaprosiłaś mnie*) to your party!  
a for inviting me  
b that she invited me  
c on your invitation
- 2 \_\_\_\_\_ (*Ile*) sandwiches do you have?  
a How much  
b What number  
c How many
- 3 I think you need to add \_\_\_\_\_ (*trochę*) cream and it will be perfect.  
a some  
b a few  
c a little
- 4 \_\_\_\_\_ (*Lody*) we ate yesterday tasted delicious, do we have more?  
a Ice cream  
b An ice cream  
c The ice cream
- 5 I found \_\_\_\_\_ (*przepis na*) a healthy snack that contains my two favourite things - salmon and pineapple.  
a a recipe for  
b the guide to  
c a cookbook with

**Choose the correct answers to complete the mini-dialogues.**

- 1 X I'd like a bottle of still water, please.  
Y \_\_\_\_\_  
a Sorry, we've run out of it. Is sparkling OK?  
b Are you still looking for it?  
c I don't. I prefer sparkling.
- 2 X A large coffee, please.  
Y Anything else with that?  
X \_\_\_\_\_  
a Yes, with milk and sugar.  
b No, thanks, that's all.  
c Anything you like.
- 3 X \_\_\_\_\_  
Y It's 10 pounds, please.  
a Do you have any money?  
b A large pizza with dessert costs 8 pounds.  
c How much is it?
- 4 X How long will we have to wait?  
Y \_\_\_\_\_  
X That's too long. We'll have a coffee to take away then.  
a About half an hour.  
b We don't have to wait if you don't want to.  
c We've been waiting for almost an hour. I'm tired.

**Complete the sentences with the missing words. The first letters have been given.**

- 1 Could you **p** \_\_\_\_\_ some potatoes for dinner, please?
- 2 The meal is good, but we could add some more **s** \_\_\_\_\_. Perhaps some ginger and pepper?
- 3 If my father is hungry in the evening, he usually has a light **s** \_\_\_\_\_ like yoghurt.
- 4 I love **r** \_\_\_\_\_ chicken. It smells and tastes delicious.

**Read the text and choose the correct answers.**

Are you one of these people who find it difficult to lose weight before the summer season? And summer is definitely the worst time to **1** \_\_\_\_\_ a diet. Everywhere you look, there is something **2** \_\_\_\_\_ that you just have to try. There are fruit cakes, strawberries with cream, and of course **3** \_\_\_\_\_ ice cream. On the other hand, in the summer there are a lot of fresh vegetables, so you could probably live on salads for some time. After all it's very easy to **4** \_\_\_\_\_ up some vegetables and mix them together. But would people really enjoy it for the whole summer? Most of us simply can't **5** \_\_\_\_\_ a bowl of chocolate ice cream, or two, or three. But that's the problem with sweets – people tend to either eat a lot of them or they try not to eat **6** \_\_\_\_\_ sweets at all, which is simply impossible. This year do something different. Try to cut **7** \_\_\_\_\_ on sweets slowly. It's much easier! And if you also do some exercise, you might be pleasantly surprised!

- |   |              |            |             |            |
|---|--------------|------------|-------------|------------|
| 1 | a go on      | b get to   | c keep up   | d be at    |
| 2 | a disgusting | b topping  | c delicious | d sour     |
| 3 | a the        | b an       | c a         | d -        |
| 4 | a peel       | b chop     | c fry       | d boil     |
| 5 | a resist     | b disagree | c lose      | d miss     |
| 6 | a some       | b a few    | c any       | d a little |
| 7 | a off        | b in       | c down      | d with     |

**Pisanie**

Studiujesz w Wielkiej Brytanii i chciałbyś/chciałabyś zorganizować niewielkie przyjęcie dla znajomych ze studiów.

Napisz e-mail (100–150 słów) do kolegi z grupy i:

- poinformuj o swoim pomysle;
- wyjaśnij, co zamierzasz podać do jedzenia w trakcie przyjęcia;
- poproś kolegę o pomoc w zorganizowaniu przyjęcia, wyjaśniając, na czym miałyby polegać;
- powiedz, kogo jeszcze chcesz zaangażować w przygotowania i w jaki sposób.