A month ago I had no idea that on a Saturday afternoon in November I'd be hanging 30 metres above the ground and enjoying it. Now I looked down at the river far below me, and realised why people love rock-climbing.

My friend Matt and I had arrived at the Activity Centre on Friday evening. The accommodation wasn't wonderful, but we had everything we needed (beds, blankets, food), and we were pleased to be out of the city and in the fresh air.

On Saturday morning we met the other ten members of our group. Cameron had come along with two friends, Kevin and Simon, while sisters Carole and Lynn had come with Amanda. We had come from various places and none of us knew the area.

We knew we were going to spend the weekend outdoors, but none of us was sure exactly how. Half of us spent the morning caving while the others went rock-climbing and then we changed at lunchtime. Matt and I went to the caves first. Climbing out was harder than going in, but after a good deal of pushing, we were out at last – covered in mud but pleased and excited by what we'd done.

21 What is the writer trying to do in the text?

- **A** advertise the Activity Centre
- **B** describe some people she met
- **C** explain how to do certain outdoor sports
- **D** say how she spent some free time

22 What can the reader learn from the text?

- **A** when to depend on other people at the Centre
- **B** how to apply for a place at the Centre
- **C** what sort of activities you can experience at the Centre
- **D** which time of year is best to attend the Centre

23 How do you think the writer might describe her weekend?

- **A** interesting
- **B** relaxing
- **C** frightening
- **D** unpleasant

24 What do we learn about the group?

- **A** Some of them had been there before.
- **B** They had already chosen their preferred activities.
- **C** Some of them already knew each other.
- **D** They came from the same city.

25 Which of the following advertisements describes the Activity Centre?

A

ACTIVITY CENTRE
Set in beautiful countryside. Accommodation and meals provided. Make up your own timetable – choose from a variety of activities (horse-riding, fishing, hill-walking, sailing, mountain-biking).

B

ACTIVITY CENTRE
Set in beautiful countryside. Accommodation provided. Work with a group – we show you a range of outdoor activities that you didn't realise you could do!

C

ACTIVITY CENTRE
Set in beautiful countryside. Enjoy the luxury of our accommodation – each room has its own bathroom. Work with a group, or have individual teaching.

D

ACTIVITY CENTRE
Set in beautiful countryside. You can spend the day doing outdoor activities and we will find your accommodation with a local family.

LIVEWORKSHEETS