

**ESB Level 3 Certificate in ESOL  
International All Modes – (C2)  
500/3655/5**

**Contents of this Paper**

Section	Number of Questions	Weighting for Section
<b>Listening</b> Part One Section A Section B Part Two	 5 5 10	20%
<b>Reading</b> Part One Part Two	 7 8	20%
<b>Use of English</b> Part One Part Two Part Three Part Four	 15 15 10 10	20%
<b>Writing</b>	1	20%

The remaining 20% is for your speaking test.

**Total time allowed: 3 hours. You should attempt all sections of this paper.  
The use of dictionaries or notes or any electronic device is not permitted in this examination.**

**Put your answers for Listening, Reading and Use of English on the OPTICAL MARK FORM. Use the WRITING ANSWER BOOKLET for your answer to the Writing Section. This question paper WILL NOT BE MARKED.**

**DO NOT OPEN THE EXAMINATION PAPER UNTIL YOU ARE TOLD TO DO SO.**

**ESB C2 Level 3 Listening (Part One – Section A)**

**You will hear John Cook, a radio presenter, and Denise Pope, a professor of education, talking about teenagers and sleep.**

**For questions 1 – 5, choose the correct answer, A, B or C.**

**You will hear Section A TWICE.**

**You have one minute to read the questions for Section A.**

- 1. Almost half of all American teenagers are**
  - A. unwell or in poor health.
  - B. struggling to cope.
  - C. miserable or low-spirited.
  
- 2. The recommended minimum amount of sleep**
  - A. ensures normal physical development.
  - B. only applies until we become an adult.
  - C. varies according to how busy we are.
  
- 3. Teens go to sleep later due to**
  - A. too much screen time during the day.
  - B. anxiety about upcoming competitions.
  - C. a change in their natural body clock.
  
- 4. Denise thinks that**
  - A. using sleep experts in schools is a ridiculous idea.
  - B. sleep is an essential element that should be nurtured.
  - C. sleep programmes are not worthwhile endeavours.
  
- 5. Sleep ambassadors need to**
  - A. attend training courses at university.
  - B. perform reaction tests on their peers.
  - C. be aware of their peers' behaviour.

**Remember to transfer your answers to the optical mark form.**

**ESB C2 Level 3 Listening (Part One – Section B)**

**You will hear John Cook, the radio presenter, and Wendy Troxel, a sleep researcher, talking about sleep.**

**For questions 6 – 10, choose the correct answer, A, B or C.**

**You will hear Section B TWICE.**

**You have one minute to read the questions for Section B.**

**6. Waking up early for school**

- A. is disruptive to teens' sleep patterns.
- B. can be done without an alarm clock.
- C. causes lethargy for most of the morning.

**7. Wendy implies that**

- A. the effect of poor sleep on memory is negligible.
- B. the schools are at fault for poor exam results.
- C. teenagers struggle to control their body clock.

**8. Wendy claims that when adults are sleep-deprived, they**

- A. behave like angry teenagers.
- B. lose rational and cognitive abilities.
- C. are advised not to operate machinery.

**9. Schools claim their early start times**

- A. improve the health of their students.
- B. make their students more resilient.
- C. increase students' cognitive skills.

**10. Starting schools later would be**

- A. an easy transition for teachers to make.
- B. more convenient for working parents.
- C. feasible but will require sustained effort.

**Remember to transfer your answers to the optical mark form.**

### ESB C2 Level 3 Listening (Part Two)

Listen to three conversations and for questions 11 – 20, choose the correct answer A, B or C.

You will hear each conversation **TWICE**.

You have two minutes to read the questions for Part Two.

#### Conversation One

**11. For Sam, buying tickets to a musical was a**

- A. straightforward task.
- B. fruitless task.
- C. rewarding task.

**12. The play turned out to be**

- A. perplexing.
- B. inspiring.
- C. enlightening.

**13. In the future, Sam will**

- A. act differently when planning an event.
- B. just stick to musicals that he knows.
- C. let Cara take charge of booking tickets.

#### Conversation Two

**14. Nell does not want to go jogging as she**

- A. is feeling unwell.
- B. has already exercised.
- C. is feeling apathetic.

**15. Evan points out to Nell that**

- A. her body shape has changed recently.
- B. she has let her fitness regime slide.
- C. she has built up her energy levels.

**16. Nell realises that she needs to focus on**

- A. being more active at work.
- B. her organisational skills.
- C. her general willpower.

### Conversation Three

**17. Mum thinks that Finn**

- A. is likely to see his family again soon.
- B. is stalling and being too reserved.
- C. should get to know Great-aunt Edna.

**18. Finn is not keen to socialise as**

- A. most people are of a different generation.
- B. his mum is not familiar with a lot of the relatives.
- C. he is feeling too nervous to meet people.

**19. According to Mum's comments about the family,**

- A. Jake is amiable but lacks potential.
- B. Uncle Tom is hard to get along with.
- C. she is of a similar age to Cousin Lizzie.

**20. Mum finds Lizzie irritating because**

- A. her family are all rich.
- B. she is so full of herself.
- C. she is an embarrassment.

**Remember to transfer your answers to the optical mark form.**