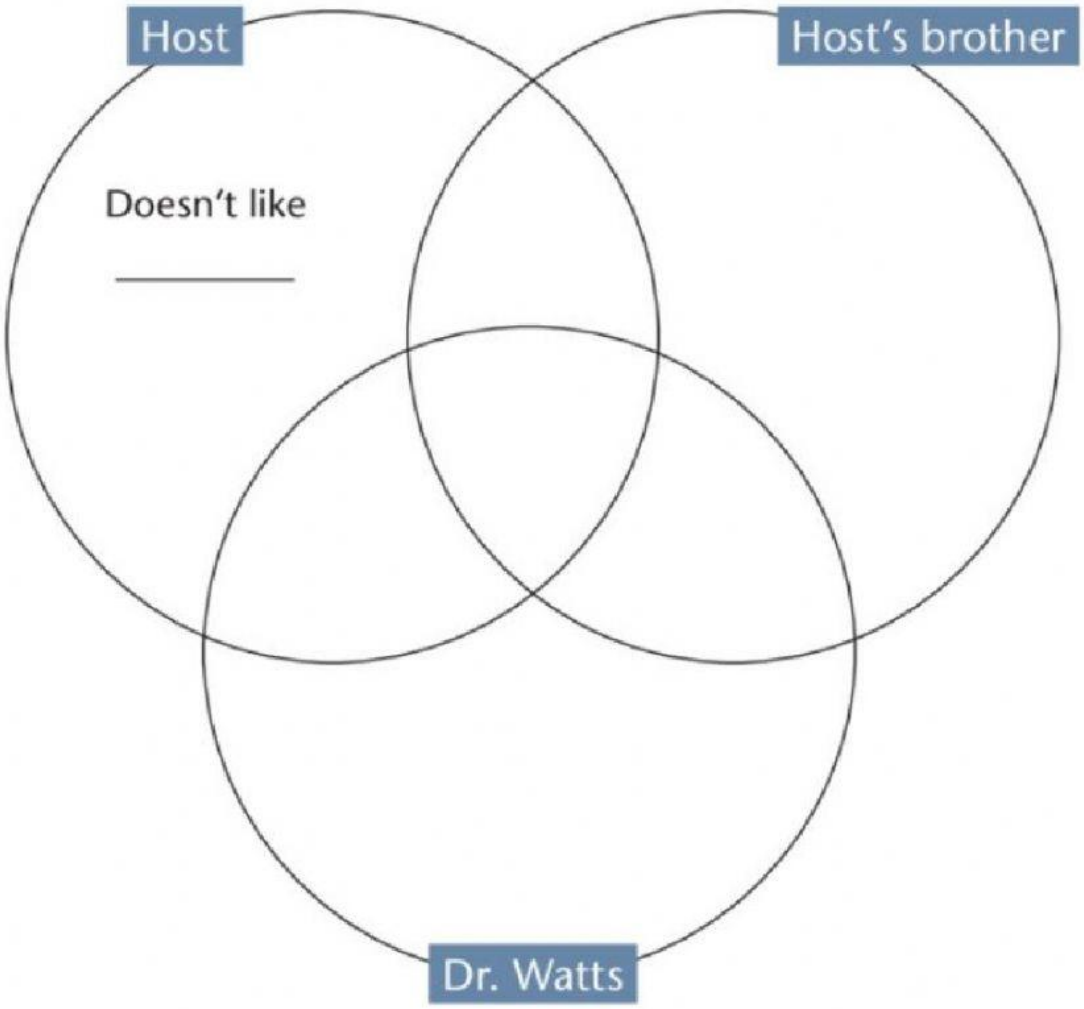
4 **INTEGRATE** Listen again and complete the diagram with information about how each person feels about the two "constrained risk" activities.



5 **IDENTIFY** Review the four main ideas included in the science podcast. Then match the supporting evidence (a–d) to the main ideas. Listen again to check your answers.

1 Researchers are interested in why not everyone likes spicy food.
2 People who like risky, thrilling activities are more likely to enjoy spicy food.
3 Riding roller coasters and eating spicy foods are both constrained risks.
4 Constrained risk theory is not proved in everyday life.

a There are examples of people who enjoy spicy food but do not like other forms of constrained risks. ☐
b One theory is that liking spicy food may be connected to personality types. ☐
c Rozin and Schiller claimed a link between eating spicy food and riding on roller coasters. ☐
d They both stimulate a physical response to danger, but then the person realizes there is no real threat. ☐

8 **IDENTIFY** Listen again to the second part of the science podcast. Complete the notes on the main ideas and supporting evidence.

Alternative theory for liking spicy food
Main idea 1: _____ influences liking of _____
Supporting evidence: eat food _____ in our culture
Main idea 2: Lots of _____ → preference for spicy food.
Supporting evidence: eat a lot → _____
Supporting evidence: _____ = eat a lot → get used to spicy food
Main idea 3: no _____ for liking spicy food
Supporting evidence: theories linking to biological, environmental + _____

LIVEWORKSHEETS