PRESENT PERFECT SIMPLE (S + have/has + V3)

Match numbers 1 to 6 with letters a-f (copy/paste the correct rule under each example).

1. She **has worked** as a dietician for 8 years.

.....

2. I **have eaten** avocado recently.

.....

3. I **have had** breakfast so I'm not hungry.

.....

4. I'**ve** just **finished** cooking lunch.

.....

5. Our local pizza restaurant **has won** lots of awards for its vegetarian dishes.

.....

6. I **have eaten** pomegranate twice this month.

.....

a. Experiences or achievements
b. Actions that have just finished
c. Something that started in the past and has continued until now
d. Something that has happened in the past but we don't know exactly when
e. Something that has happened in the past and has a result that affects the present
f. To say how many times something has happened

Look at the examples above and write some COMMON TIME EXPRESSIONS below. Can you think of any others?

Recently, ...

PRESENT PERFECT CONTINUOUS (S + have/has + been + V + ing)

Match numbers 1 to 4 with letters a-d (copy/paste the correct rule under each example).

1. We **have been avoiding** food with additives for years.

.....

2. Someone **has been eating** my porridge! The bowl is empty.

.....

3. I'**ve been training** for this race for two months.

.....

4. Who **has been drinking** my juice?!

.....

a. To emphasize how long actions have been in progress for
b. For actions that happened repeatedly in the past and have finished recently but that have results along the present

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c. For actions that started in the past and are still in progress now or have happened repeatedly until now

d. To express anger, irritation or annoyance

Look at the examples above and write some COMMON TIME EXPRESSIONS below. Can you think of any others?

For years, ...



PRESENT PERFECT SIMPLE vs **PRESENT PERFECT CONTINUOUS**

Fill in the gaps using the words from the box below to discover the rules of using the two tenses.

	not	**achieved**	**complete**	**finished**

We use the **PRESENT PERFECT SIMPLE** to talk about something we have done or _____, or an action that is _____ and whose results influence the present.

*e.g. I **have eaten** all my veggies.*

We use the **PRESENT PERFECT CONTINUOUS** to talk about how long something has been happening. It is _____ important whether it has _____ or not.

*e.g. Mum **has been cooking** all morning.*

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