

THIRD EDITION

# TOP NOTCH

FUNDAMENTALS



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ALLEN ASCHER

ALWAYS LEARNING

PEARSON

# Activities

Talk about morning and evening activities

1 **VOCABULARY** • Daily activities at home Read and listen. Then listen again and repeat.



1 get up



2 get dressed



3 brush my teeth



4 comb / brush my hair



5 shave



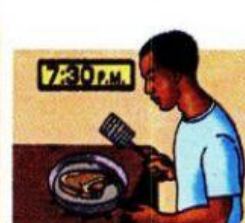
6 put on makeup



7 eat breakfast



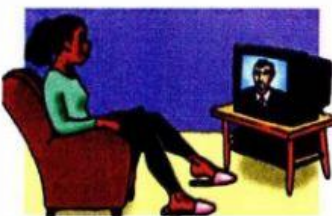
8 come home



9 make dinner



10 study



11 watch TV



12 get undressed



13 take a shower / a bath



14 go to bed

2 **PAIR WORK** Tell your partner about your daily activities.

I eat lunch at 12:00.

3 **GRAMMAR** • The simple present tense: spelling rules with **es** and **ies**

Add **-s** to the base form of most verbs.  
gets shaves combs

Add **-es** to verbs that end in **-s**, **-sh**, **-ch**, or **-x**.  
brushes watches

Remember:  
do does  
go goes  
have has  
study studies

Meals  
breakfast  
lunch  
dinner

WIZ! 7  
WORDS

3:04 VOCABULARY • Leisure activities Read and listen. Then listen again and repeat.



1 exercise



2 take a nap



3 listen to music



4 read



5 play soccer



6 check e-mail



7 go out for dinner



8 go to the movies



9 go dancing



10 visit friends

- 2 VOCABULARY / GRAMMAR PRACTICE Write six questions for a classmate about his or her leisure activities. Use When or What time and the simple present tense.

- 5 GRAMMAR PRACTICE On a separate sheet of paper, write sentences about your partner from your conversation in Exercise 4.

## NOW YOU CAN

Describe what you do in your free time

- 1 3:07 CONVERSATION MODEL Read and listen.  
 A: What's your typical day like?  
 B: Well, I usually go to work at 9:00, and I come home at 6:00.  
 A: And what do you do in your free time?  
 B: I sometimes read or watch TV. What about you?  
 A: Pretty much the same.
- 2 3:08 RHYTHM AND INTONATION Listen again and repeat. Then practice the Conversation Model with a partner.
- 3 CONVERSATION ACTIVATOR On the notepad, write your typical daily activities. Then, with a partner, personalize the conversation.  
 A: What's your typical day like?  
 B: Well, .....  
 A: And what do you do in your free time?  
 B: .....What about you?  
 A: .....





1 **VOCABULARY** • Household chores Read and listen. Then listen again and repeat.



1 wash the dishes



2 clean the house



3 do the laundry



4 take out the garbage



5 go shopping

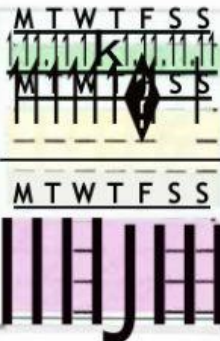
2 **GRAMMAR** • The simple present tense: questions with How often / Other time expressions

Language.com

How often do you take out the garbage?  
I take out the garbage every day.

How often does she go shopping?  
She goes shopping on Saturdays.

Other time expressions  
once a week  
twice a week  
three times a week



Also

- once a year
- twice a day
- three times a month
- every weekend
- every Friday

3 **PAIR WORK** Ask and answer questions about chores. Use How often.

How often do you go shopping?

COACH

4 **PRONUNCIATION** • Third-person singular verb endings Read and listen. Then listen again and repeat.

Twice a week.

1 /s/	2 /z/	3 /ɪz/
takes= take/s/	cleans= clean/z/	washes= wash/u/
visits= visit/s/	does= doe/z/	practices= practice/lz/
eats= eat/s/	plays= play/z/	exercises= exercise/u/

5 **VOCABULARY / GRAMMAR PRACTICE**

Tell your class how often your partner from Exercise 3 does household chores. Practice pronunciation of third-person verb endings.

John goes shopping twice a week.

6 **GRAMMAR** • The simple present tense: questions with Who as subject

Who washes the dishes in your family? I do. / My sister does.  
We do. / My grandparents do.

Be careful!

Always use a third-person singular verb when who is the subject.

Don't say: Who wash the dishes?

Don't use do or does when who is the subject.

Don't say: Who Elees wash the dishes?



## Learning activity

### Daily routine verbs

	Verb	Past	Past Participle	Meaning	ED
1	Wake up	Woke up	Woken up	Despertar	
2	Take a shower	Took a shower	Taken a shower	Tomar	
3	Brush	Brushed	Brushed	Cepillar	T
4	Get dressed	Got dressed	Gotten dressed	Vestirse	T
5	Have breakfast	Had breakfast	Had breakfast	Desayunar	
6	Have lunch	Had lunch	Had lunch	Almorzar	
7	Have dinner	Had dinner	Had dinner	Cenar	
8	Go	Went	Gone	Ir	
9	Check	Checked	Checked	Revisar	T
10	Work	Worked	Worked	Trabajar	T
11	Study	Studied	Studied	Estudiar	D
12	Watch	Watched	Watched	Mirar, observar	T
13	Do	Did	Done	Hacer	
14	Make	Made	Made	hacer	
15	Chat	Chatted	Chatted	Chatear	ID
16	Text	Texted	Texted	Mensajear	ID
17	Play	Played	Played	Jugar	D
18	Cook	Cooked	Cooked	Cocinar	T
19	Call	Called	Called	Llamar	D
20	Come back	Came back	Come back	Regresar	

Students need to understand the main verbs of daily routines. Let's repeat

1 VOCABULARY • Daily activities at home Read and listen. Then listen again and repeat.



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**WIZI CARDS** 1 **VOCABULARY • Leisure activities** Read and listen. Then listen again and repeat.



**Listen to the audio of each pictures then choose the correct for each one. Write the word in each space.**

1

2

3

4

5

6

7

8

9

10

**DAILY ACTIVITIES**



**Question:** *Do you have an interesting daily routine – or a boring daily routine?*

- Complete the paragraph on the right with the words on the left.



## My Daily Routine









Some of my friends think I have a boring daily routine, but I like it. I usually (1) \_\_\_\_\_ at about 6:00 or 6:30 in the morning, after my alarm clock wakes me up. First, I brush my teeth, and shave, and wash my face. Then, I (2) \_\_\_\_\_ and go downstairs to (3) \_\_\_\_\_ breakfast with my family. I always have coffee, cereal, and lots of fruit. That's me in the picture with my wife. I (4) \_\_\_\_\_ to work because I don't like to drive, and I always (5) \_\_\_\_\_ at my office before 8:00. I'm never late for work. Five o'clock is my favorite time of the day because I finish work and (6) \_\_\_\_\_ and see my wife and two children again. We eat dinner together in our dining room at around 6:00, and after that I (7) \_\_\_\_\_ with my wife and kids at home. We really (8) \_\_\_\_\_ watching our favorite TV programs together, but two or three times a week I (9) \_\_\_\_\_ in the evening, so I can stay strong and healthy. This is very important! Finally, at about 9:30, I (10) \_\_\_\_\_, read for a while, and then (11) \_\_\_\_\_. Sure, some people think my daily routine is a little boring - but on weekends and holidays I love to (12) \_\_\_\_\_ airplanes for fun!

- A** arrive v.
- D** do exercise v.
- E** enjoy
- F** fall asleep v.
- fly v.
- G** get dressed v.
- get up v.
- go to bed v.
- go home v.
- H** hang out v.
- have v.
- T** take a bus v.



Let's practice with another activity.

**A. Match the verbs with the pictures.**

 <p>1. _____</p>	<p>a. get up</p> <p>b. do homework</p> <p>c. have breakfast</p> <p>d. get dressed</p> <p>e. go to school</p> <p>f. have a shower</p> <p>g. run</p> <p>h. brush teeth</p>	 <p>5. _____</p>
 <p>2. _____</p>		 <p>6. _____</p>
 <p>3. _____</p>		 <p>7. _____</p>
 <p>4. _____</p>		 <p>8. _____</p>

**Match the words on the left with the meanings on the right.**

- |                |   |
|----------------|---|
| 1. Arrive      | A. to put clothes on                              |
| 2. Enjoy       | B. to like  |
| 3. Hang out    | C. the same way of always doing something         |
| 4. get dressed | D. to be at some place and rest in your free time |
| 5. routine     | E. to come to a place after traveling             |