





D

Free time

1 Read the text. Check (✓) the events that are in a decathlon.

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| 1. <input checked="" type="checkbox"/> the 100-meter run | 4. <input type="checkbox"/> the 500-meter run |
| 2. <input type="checkbox"/> the high jump | 5. <input type="checkbox"/> the low jump |
| 3. <input type="checkbox"/> the 1500-meter hurdles | 6. <input type="checkbox"/> the long jump |










The decathlon is a sports competition with ten different events. Athletes compete in all ten events for two days. After the ten events, the person with the best score wins.

There are four races, or track events, in the decathlon: the 100-meter run, the 400-meter run, the 1500-meter run, and the 110-meter hurdles. In the 110-meter hurdles, athletes run and jump. Athletes also compete in six field events. In the long jump, people run and jump. In the high jump, they run and jump over a high bar. In the pole vault, athletes run and jump over a high bar with a long pole. In the shot put, the javelin throw, and the discus

throw, athletes throw different things. The shot is a large heavy ball. The javelin is a long thin pole. The discus is like a large round disk or plate.

The women's decathlon started in 2001. Before 2001, only men competed in the decathlon. Women now compete in the same ten events, but there are some differences. For example, the hurdles are lower and women jump over hurdles on a 100-meter course, not on a 110-meter course, like the men's decathlon. The shot, the javelin, and the discus in the women's decathlon are not as heavy as in the men's events.

2 Read the text again. Rewrite the sentences. Correct the underlined words.

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|--|--------------------------------------|
| 1. The decathlon has <u>twelve</u> events. | <u>The decathlon has ten events.</u> |
| 2. Athletes throw things in <u>five</u> events. | _____ |
| 3. The shot is a large <u>heavy disk</u> . | _____ |
| 4. <u>Women</u> jump over hurdles on a 110-meter course. | _____ |
| 5. The <u>men's</u> decathlon started in 2001. | _____ |