

Daily life

→ Before (Activity as it is found in the book)

1 Vocabulary Days of the week and routines

A Listen and repeat.

Weekdays					The weekend	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

→ After (Adapted activity)

- Listen and repeat the days of the week and then match them according to their order.

1
2
3
4
5
6
7

Wednesday
Saturday
Monday
Thursday
Sunday
Tuesday
Friday

2 ➔ Before (Activity as it is found in the book)

B  Listen and repeat.



get up



drink coffee



eat breakfast



read the news



go to school



exercise



cook dinner



study



watch TV



go to bed

C **Pair work** What is your routine on weekdays? on weekends? Tell your partner.

"I get up and eat breakfast on weekdays. I go to school. I study . . ."

➔ After (Adapted activity)

- Listen, repeat and match the activities with every picture and then in pair work discuss with a partner about: What is your routine on weekdays? On weekends? Tell your partner. "I get up and eat breakfast on weekdays. I go to school. I study..."



drink coffee



cook dinner



exercise



study



go to bed

get up

eat breakfast

watch TV

read the news

go to school





Exact activity as it appears in the book

unit

4

3

Grammar

Simple present yes / no questions

Do you go to school on Mondays?

Yes, I **do**. No, I **don't**.

Does Liz exercise?

Yes, she **does**. No, she **doesn't**.

Do you and your friends **watch TV**?

Yes, we **do**. No, we **don't**.

Do your friends **study**?

Yes, they **do**. No, they **don't**.

A Write yes / no questions with the information below. Then compare with a partner.

1. (you / get up / 7:00)
2. (you / read the news / every day)
3. (your teacher / drink coffee / in class)
4. (your parents / watch TV / in the evening)
5. (your friend / exercise / on weekends)
6. (you and your friends / study / after midnight)

Do you get up at 7:00?



Exact activity as it appears in the book

4

Reading 1)

A Look at the message board question. What's your favorite day of the week? Why?

B Read the message board. Whose favorite day is on the weekend?

This week's question:
What's your favorite day of the week?

	busyguy	My favorite day of the week is Saturday. I study from Monday to Friday. On Saturday, I get up late.
	trish06	Not Saturday or Sunday. I work from noon to 4:00 on those days. In the evening, I study. My favorite day is Wednesday, because I don't work on Wednesdays.
	jasonFan	Monday. I watch my favorite TV show every Monday. It has my favorite actor. The show is called "Life with Jason." It's on at 8:00.
	Ricardo	Monday!! No way! Saturday, Saturday, Saturday! We don't go to school on Saturdays.
	SuperDad45	Sunday! I get up late, read the news, and have coffee. Then my son and daughter cook breakfast for my wife and me.
	michiko3	I have two favorite days – Tuesday and Thursday. I have an art class after work on those days, and my teacher is very nice.

C Read the message board again. What's each person's favorite day? Why?

Complete the chart.

	Favorite day(s)	Why?
1. busyguy	<u>Saturday</u>	<u>gets up late</u>
2. trish06	<u></u>	<u></u>
3. JasonFan	<u></u>	<u></u>
4. Ricardo	<u></u>	<u></u>
5. SuperDad45	<u></u>	<u></u>
6. michiko3	<u></u>	<u></u>

→ Exact activity as it appears in the book

5 Listening Angela's routine

A  Listen to Angela talk about her routine on weekends. Circle the activities she does.

Saturdays		Sundays	
work	watch TV	get up late	exercise
go to class	go to bed late	study	cook

B  Listen again. Write one more thing Angela does on Saturdays and on Sundays.

On Saturdays: _____

On Sundays: _____

Added activity

6

Use the expressions from the box to label the pictures below.

• I brush my hair	• I get dressed	• I go to school	• I have lunch	• I wake up
• I brush my teeth	• I get up	• I have a shower	• I listen to music	• I walk the dog
• I do my homework	• I go home	• I have breakfast	• I put on my pyjamas	• I wash my hands
• I feed the dog	• I go to bed	• I have dinner	• I study	• I watch TV

1. _____ 2. _____ 3. _____ 4. _____



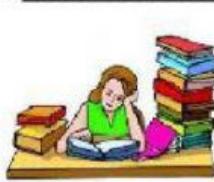
5. _____ 6. _____ 7. _____ 8. _____



9. _____ 10. _____ 11. _____ 12. _____



13. _____ 14. _____ 15. _____ 16. _____



17. _____ 18. _____ 19. _____ 20. _____

