

Daily life

➔ Before (Activity as it is found in the book)

1 Vocabulary Days of the week and routines

A 🔊 Listen and repeat.

Weekdays					The weekend	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

➔ After (Adapted activity)

- Listen and repeat the days of the week and then match them according to their order.

1

2

3

4

5

6

7

Wednesday

Saturday

Monday

Thursday

Sunday

Tuesday

Friday

2



Before (Activity as it is found in the book)

B Listen and repeat.



get up



drink coffee



eat breakfast



read the news



go to school



exercise



cook dinner



study



watch TV



go to bed

C Pair work What is your routine on weekdays? on weekends? Tell your partner.

"I get up and eat breakfast on weekdays. I go to school. I study ..."



After (Adapted activity)

- Listen, repeat and match the activities with every picture and then in pair work discuss with a partner about: What is your routine on weekdays? On weekends? Tell your partner. "I get up and eat breakfast on weekdays. I go to school. I study..."



drink coffee

cook dinner

exercise

study

go to bed

get up

eat breakfast

watch tv

read the news

go to school





Exact activity as it appears in the book

unit

4

3

Grammar

Simple present yes / no questions

Do you **go** to school on Mondays?

Yes, I **do**. No, I **don't**.

Does Liz **exercise**?

Yes, she **does**. No, she **doesn't**.

Do you and your friends **watch** TV?

Yes, we **do**. No, we **don't**.

Do your friends **study**?

Yes, they **do**. No, they **don't**.

A Write yes / no questions with the information below. Then compare with a partner.

1. (you / get up / 7:00)
2. (you / read the news / every day)
3. (your teacher / drink coffee / in class)
4. (your parents / watch TV / in the evening)
5. (your friend / exercise / on weekends)
6. (you and your friends / study / after midnight)

Do you get up at 7:00?



Exact activity as it appears in the book

5

Listening Angela's routine

A Listen to Angela talk about her routine on weekends. Circle the activities she does.

Saturdays		Sundays	
<u>work</u>	watch TV	get up late	exercise
go to class	go to bed late	study	cook

B Listen again. Write one more thing Angela does on Saturdays and on Sundays.

On Saturdays: _____ On Sundays: _____

➔ Added activity

6

Use the expressions from the box to label the pictures below.

- | | | | | |
|--------------------|-----------------|--------------------|-----------------------|-------------------|
| • I brush my hair | • I get dressed | • I go to school | • I have lunch | • I wake up |
| • I brush my teeth | • I get up | • I have a shower | • I listen to music | • I walk the dog |
| • I do my homework | • I go home | • I have breakfast | • I put on my pyjamas | • I wash my hands |
| • I feed the dog | • I go to bed | • I have dinner | • I study | • I watch TV |

1. _____ 2. _____ 3. _____ 4. _____



5. _____ 6. _____ 7. _____ 8. _____



9. _____ 10. _____ 11. _____ 12. _____



13. _____ 14. _____ 15. _____ 16. _____



17. _____ 18. _____ 19. _____ 20. _____

