

## Grammar

- 1 Complete the text with the simple past form of the verbs in parentheses.



In 2013, Aleksander Doba <sup>1</sup> \_\_\_\_\_ (cross) the Atlantic Ocean in a kayak. He <sup>2</sup> \_\_\_\_\_ (start) his trip in Lisbon, Portugal, and he <sup>3</sup> \_\_\_\_\_ (arrive) in Florida six months later. He <sup>4</sup> \_\_\_\_\_ (travel) 12,427 kilometers (7,722 miles). It <sup>5</sup> \_\_\_\_\_ (be) a difficult journey. His kayak <sup>6</sup> \_\_\_\_\_ (break) near the Bahamas, so he <sup>7</sup> \_\_\_\_\_ (stop) to fix it. He also <sup>8</sup> \_\_\_\_\_ (have) other challenges—his satellite phone <sup>9</sup> \_\_\_\_\_ (not work) for 47 days, so he <sup>10</sup> \_\_\_\_\_ (not have) any communication. Aleksander <sup>11</sup> \_\_\_\_\_ (be born) in Poland in 1946, and he <sup>12</sup> \_\_\_\_\_ (not begin) kayaking until the age of 34.

- 3 Circle the correct options.

The sun <sup>1</sup> *shone / was shining* as the plane turned onto the runway. During take-off, the passengers inside the plane sat quietly. They <sup>2</sup> *took / were taking* their first parachute jump. Everyone <sup>3</sup> *was / was being* nervous, and no one <sup>4</sup> *said / was saying* a word. When the plane <sup>5</sup> *reached / was reaching* the correct height, their teacher shouted, "OK, everyone. It's time to jump!" She <sup>6</sup> *opened / was opening* the door on the side of the plane and, in the next moment, everyone <sup>7</sup> *jumped / was jumping* out of the plane toward the ground.

## Vocabulary

- 4 Complete the sentences with these words.

challenging	experienced	intelligent
kind	patient	positive

- 1 Don't get angry when things don't happen as fast as you want. Learn to be \_\_\_\_\_.
- 2 He's a very \_\_\_\_\_ climber. He started mountaineering when he was a child.
- 3 It's very \_\_\_\_\_ of you to help me with my homework.
- 4 Even when things go wrong, it's important to stay \_\_\_\_\_.
- 5 My friend is the most \_\_\_\_\_ person in our class. She always gets 100% on tests.
- 6 Finishing the marathon was very \_\_\_\_\_, but I did it in the end.