

Empower B1 U8B

1 GRAMMAR

Present perfect with *for* and *since*

a Complete the exchanges. Use the present perfect forms of the verbs in brackets and *for* or *since*.

1 A Have you (you) always loved (you, love) horses?

B Yes, I _____ (love) horses _____ I was a little girl.

2 A _____ (you, live) in Cambridge _____ a long time?

B Yes, we _____ (live) here all our lives.

3 A How long _____ (you, be) married to Sarah?

B We _____ (be) married _____ 2005, but I _____ (know) her _____ longer.

4 A How long _____ (you, have) your stomach ache?

B I _____ (have) it _____ last night.

5 A How long _____ (you, work) as a journalist?

B I _____ (be) a journalist _____ over 20 years.

b Underline the correct words to complete the sentences.

1 We 've lived / lived here for 10 years – from 1964 to 1974.

2 I know / 've known Sam since we were at school together.

3 My daughter 's been / was in the USA for six weeks, but she's flying home from San Francisco tomorrow.

4 She had / 's had a headache since she woke up this morning.

5 I 've been / was in Madrid since 2012, but before that I worked / 've worked in Hong Kong for two years.

6 John had / 's had a motorbike since he was 16 years old.

2 VOCABULARY Sports and activities

a Which verb do we use to talk about each sport and activity? Complete the table with the words in the box.

gymnastics squash golf surfing yoga volleyball
athletics snowboarding ice skating tennis rugby
football aerobics jogging ice hockey rock climbing
karate skateboarding scuba diving windsurfing judo

play	go	do
		gymnastics