

Listen to the audio and complete the text with the right verb form. Repeat the audio as many times as you need:

A Trekking Journal
November 12, 1997

Today (be) _____ the second day of my trek around Mount Annapurna. I am exhausted and my legs (shake) _____; I just hope I am able to complete the trek. My feet (kill, really) _____ me and my toes (bleed) _____, but I (want, still) _____ to continue.

Nepal is a fascinating country, but I have a great deal to learn. Everything (be) is so different, and I (try) _____ to adapt to the new way of life here. I (learn) _____ a little bit of the language to make communication easier; unfortunately, I (learn, not) _____ foreign languages quickly. Although I (understand, not) _____ much yet, I believe that I (improve, gradually) _____.

I (travel, currently) _____ with Liam, a student from Leeds University in England. He (be) _____ a nice guy, but impatient. He (walk, always) _____ ahead of me and (complain) _____ that I am too slow. I (do) _____ my best to keep up with him, but he is younger and stronger than I am. Maybe, I am just feeling sorry for myself because I am getting old.

Right now, Liam (sit) _____ with the owner of the inn. They (discuss) _____ the differences between life in England and life in Nepal. I (know, not) _____ the real name of the owner, but everybody (call, just) _____ him Tam. Tam (speak) _____ English very well and he (try) _____ to teach Liam some words in Nepali. Every time Tam (say) _____ a new word, Liam (try) _____ to repeat it. Unfortunately, Liam (seem, also) _____ to have difficulty learning foreign languages. I just hope we don't get lost and have to ask for directions.