

Answer the question according to the recipe below.





1.

How to Make a Cupcake

- First, heat the oven at 200 °C.
- Mix two eggs with a cup of sugar.
- Next, add some milk, flour, oil, and powder.
- Then, mix all the ingredients and pour the mixture into the cups.
- Finally, put the cups into the oven and bake for 30 minutes.
- Cupcakes are ready.

Enjoy.

Which picture shows the step after mixing the ingredients?

- A) 
- B) 
- C) 
- D) 

Answer the questions 2 - 3 according to the recipe below.

Charlotte is baking a brownie today. Here is her recipe:



- First, mix ½ cup of oil, 1 cup of sugar, and 1 teaspoon of vanilla in a bowl.
- Second, add some flour, 1/3 cup of cocoa, and ½ teaspoon of baking powder into mixture.
- Then, whisk 2 eggs, and pour it into the bowl.
- Mix all the ingredients (I use a mixer. It is easier ☺) and then, pour it into the cake pan.
- Finally, bake it in a preheated oven to 250 °C about 20 minutes.
- Let it cool before cutting into slices.

Enjoy it!

P.s.: Use eggs at room temperature for better taste.

2. Which tool will NOT Charlotte use while baking the brownie?

- A) 
- B) 
- C) 
- D) 

3. You will have a more delicious cake if you - - - .

- A) don't bake it in an oven you heated before
- B) break the eggs into the baking powder
- C) cut it into the slices after it cools
- D) don't use cold eggs

Look at the visual below, read the text, and answer the question.

4.



Rosa and Troy want to buy ice cream. Rosa loves only sour flavors, but Troy likes ice cream with fruits. They have little money, and they can buy only one cup of ice cream.

Which numbers should they press on the machine to buy a cup that reflects both of their preferences?

- A) 3 - 7 - 8 B) 2 - 3 - 4 C) 1 - 5 - 7 D) 1 - 4 - 6

UNIT 3: IN THE KITCHEN

Look at the visual below, read the text, and answer the question.

5.



Jane had \$20. She came to a shopping mall to watch a movie. She paid \$12 for the ticket. The film is going to start twenty minutes later. She wants to eat something quickly before the film begins.

Keeping in mind how much money and time Jane has, what should she choose?

- A) Grilled meatballs B) Sandwich C) Chicken D) Pizza

Read the text and answer the question.

6. Kingston family is in the kitchen. They are talking about their dinner. They want to eat chicken.



Which of the following cooking methods is suitable for all the family members?

- A) roasting B) grilling C) boiling D) frying

Read the text and answer the question.

7.



Claire is a chef at a famous restaurant. It is not suitable for the people who like meat and pasta. Today, Claire is cooking the speciality of the restaurant.

Here is the recipe: First, heat the oil in a large pot. Then, chop the onion, the carrot, and some garlic. Next, fry them and add sliced tomatoes and potatoes. After that, pour two glasses of water into the pot and boil them. Cook the mixture for 5 minutes after boiling.

Finally, put a leaf of basil in it. Serve hot.

Enjoy!

According to the recipe above, in which restaurant does Claire work as a chef?

A)



SPAGHETTI HOUSE

B)



CITY OF FISH

C)



TACOS KITCHEN

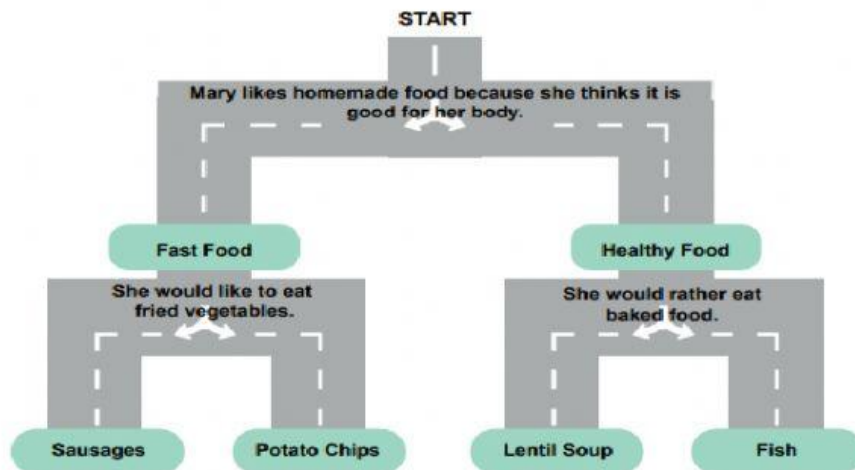
D)



VEGETABLE WORLD

Read the text and complete the sentence.

8. Nick is playing a game. He should choose the correct moves and find Mary's favourite food.



Mary's favourite food is - - - -.

A) fish

B) lentil soup

C) potato chips

D) sausages

Read the text and answer the question.

9. Mary, Tom, Lisa, and John met at a restaurant. They all ordered what they like most.



According to the information above, which of the following is NOT correct?

A) Mary ordered pasta as a main course.

B) Tom chose salad and meatballs.

C) Lisa ate a slice of strawberry cake.

D) John had both grilled chicken and ice cream.

Read the conversation and answer the question.

10.



Philip : Hi, mom. I need your help. ----?
 Mom : Sure, honey.
 Philip : ----?
 Mom : You need a cup of red lentil, a carrot, a potato, an onion, a tablespoon of olive oil, four cups of water and a pinch of salt.
 Philip : They're ready. ----?
 Mom : First, peel and cut the carrot, potato and onion. Second, wash the lentil. Put all of them into a pot. Then add water and cook them. After that, mix it with a blender. Finally, add olive oil and salt.
 Philip : Thanks mom.



Which of the following does NOT complete the conversation?

- A) Can you give me a recipe for lentil soup
- B) How long does it take to cook
- C) What are the preparation steps
- D) What are the ingredients

Read the text and answer the question.

11. Sam invites his friend, Tom, to dinner. He wants to prepare meals according to Tom's preferences. Here is some information about Tom's food preferences:

- Tom prefers meat to fish.
- He dislikes green vegetables.
- He isn't keen on cold desserts.

According to the information above, which of the following is the most appropriate menu for Tom?

- A) *Menu*
 • Potato Soup
 • Meatball
 • Ice Cream
- B) *Menu*
 • Parsley Soup
 • Grilled Chicken
 • Cake
- C) *Menu*
 • Lentil Soup
 • Fish
 • Pudding
- D) *Menu*
 • Tomato Soup
 • Steak
 • Hot Cocoa Rolls

Read the recipe and answer the question.

12.

Vegetable soup is very healthy and easy to prepare. You can make it at home in nearly 40 minutes.
 First, peel an onion, two carrots, a potato and rinse them under water. Then, rinse a red pepper and broccoli under water. Second, chop the onion and dice the other vegetables. Put four tablespoons of olive oil in a large pot and heat it for half a minute. Then, add the onion and carrots. After cooking them for 5 minutes, add half a cup of flour and stir them for 2 minutes. Then, add the other vegetables and 5 glasses of water. After that, sprinkle a teaspoon of salt and cook for around 20 minutes over low heat. Finally, add 1/2 teaspoon of black pepper and your vegetable soup is ready to eat. Serve it hot.
 Good appetite!



According to the text, which of the following is CORRECT?

- A) Making vegetable soup takes less than an hour.
- B) Adding some milk to the soup makes it tastier.
- C) There is sugar and honey in the soup.
- D) We don't need any onions for the soup.

Read the text and answer the question.

13.



My parents are going to have some guests for a party at home tonight. We are all very excited. All of us are doing something. We are helping each other. My mother is baking the chicken, and my father is preparing the salad. I am making the desserts, and my sister is setting the table.

Which of the following has an answer in the text?

- A) Why are they having a party?
- B) When is the party going to be?
- C) Who is preparing the drinks?
- D) Which desserts is Mike making?

Read the text, look at the visual, and answer the question.

14. Amy and Pam want to join a cooking course together. They both like preparing different desserts and salads. Both of them want to spend less than \$70 for the course. Amy is available between 5th and 12th July. Pam has to be at school on 10th July.



KITCHEN SKILLS			
Course 1	Course 2	Course 3	Course 4
Ice Cream Master	Pasta House	Chocolate World	Vegetable Garden
\$75 for each person	\$50 for each person	\$40 for each person	\$60 for each person
July 3 - 7	July 5 - 9	July 6 - 8	July 7 - 11

According to the information above, which of the following should they choose?

- A) Course 1
- B) Course 2
- C) Course 3
- D) Course 4

Read the text, check the menu, and answer the question.

15. Alice and Thomas meet at a restaurant for dinner. After looking at the menu, Alice orders white meat, a fruit dessert, and a hot drink. Thomas orders a bowl of vegetable soup, red meat, and a cold dessert.

Small House Restaurant MENU				
SOUPS	SALADS	DRINKS	MEALS	DESSERTS
Tomato \$3 Lentil \$3 Chicken \$3	Carrot \$5 Green \$4 Tomato \$5	Coffee \$3 Tea \$3 Lemonade \$4 Fruit juice \$5	Pasta \$7 Fish \$13 Hamburger \$10 Meatballs \$8 Chicken \$10 Steak \$15	Baked bananas \$6 Pudding \$7 Chocolate cake \$5 Ice cream \$5

According to the information above, which of the following is their order?

- A)

Guest Check
Tomato soup ✓
Chicken ✓
Fish ✓
Pudding ✓
Chocolate cake ✓
Fruit juice ✓
- B)

Guest Check
Chicken soup ✓
Hamburger ✓
Pasta ✓
Pudding ✓
Baked bananas ✓
Lemonade ✓
- C)

Guest Check
Tomato soup ✓
Chicken ✓
Pasta ✓
Ice cream ✓
Baked bananas ✓
Tea ✓
- D)

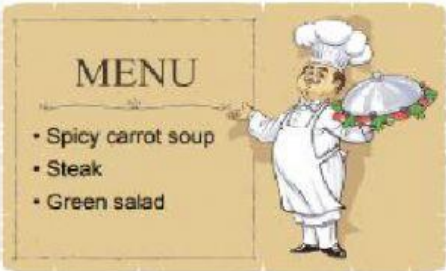
Guest Check
Lentil soup ✓
Meatballs ✓
Fish ✓
Ice cream ✓
Chocolate cake ✓
Coffee ✓


Read the text and answer the question.

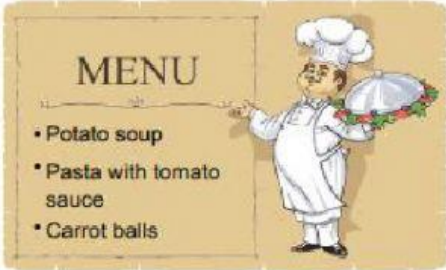
16. A restaurant does a survey about the food preferences of its customers. The purpose is to find the most popular meals and to prepare a different menu according to the preferences of the customers. Here is some information about the results of the survey:

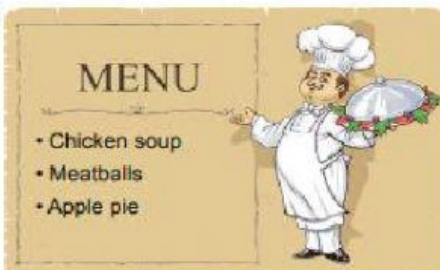
- Vegetable soups are more popular than the other soups.
- Only a few people dislike eating meat.
- Most of the people like having a dessert after their meal.

Which of the following should the restaurant prepare according to the information above?

A)  MENU
• Spicy carrot soup
• Steak
• Green salad

B)  MENU
• Tomato soup
• Grilled chicken
• Brownie

C)  MENU
• Potato soup
• Pasta with tomato sauce
• Carrot balls

D)  MENU
• Chicken soup
• Meatballs
• Apple pie


Read the conversation about the lunch menu and answer the question.

17.

LUNCH MENU FOR OUR STUDENTS

WEEK ONE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Baked fish	Grilled chicken	Fried carrots with rice	Steak	Pasta with tomato sauce
	Lemonade	Fruit juice	Apple	Ice cream	Green salad



- Lily : Did you see the lunch menu for this week, Tom?
- Tom : Yes, I think I am going to prepare my meal at home and bring it to school on - - - .
- Lily : Why?
- Tom : I really love meat, but I dislike eating vegetables.

Which of the following completes the conversation above?

- A) Monday and Tuesday
B) Tuesday and Thursday
C) Wednesday and Friday
D) Thursday and Friday

Read the text and answer the question.

18. Alice wants to take her family to a restaurant for dinner. She wants to find a quiet and cheap place. Now, she is searching on the Internet and reading other people's comments about some of the restaurants in her town:

Star Restaurant ★★★★ JS Joe S. Every Friday, we come here to listen to pop music. The band's music is crazy, and you can dance here after dinner.	New Restaurant ★★★★★ EH Ellie H. The menu of the restaurant is very rich. The steaks here are the best, but the bill is too high.
Moon Restaurant ★★★★★ BR Brad R. A lot of people visit this place every day because it is famous for its desserts. You should definitely try them.	Sun Restaurant ★★★★★ HP Hannah P. Sun restaurant has a beautiful garden, and the restaurant is comfortable and calm. The prices are not expensive.

According to the information above, which of the following restaurants should Alice choose?

- A) Star Restaurant B) New Restaurant C) Moon Restaurant D) Sun Restaurant

UNIT 3: IN THE KITCHEN

Answer the question according to the conversation between Jack and Carlos.

19.

I am Jack from Radio News. We are with Carlos from Brazil. What does a traditional breakfast include in Brazil, Carlos?

Well! Bread, fruit and some milk.

Sounds healthy! ----?

It's Japanese food, especially Sushi.

----?

Twice a week.

And one last question! ----?

Not me, definitely! 😊 It is my sister.

Which question does NOT Jack ask Carlos?

- A) How often do you eat Japanese food?
B) Why do Japanese people like Sushi?
C) Who cooks well in your family?
D) What is your favorite food?


Read the brochure and answer the question.

20.


Suggestions for a healthy life during COVID-19

- ▶ Eat fresh and homemade foods and drink enough water every day.
- ▶ Do not use too much salt and sugar.
- ▶ Prefer white meat to red meat.
- ▶ Stop eating out.

#COVID19 #CORONAVIRUS
www.emro.who.int/nutrition



World Health Organization



Who does NOT follow one of the suggestions offered by World Health Organization?

- A) Oliver : I usually make a salad at home and bring it to work for my lunch.
- B) Emily : I like every kind of dessert, but I eat less sweet and salty foods these days.
- C) Daniel : I try to eat grilled fish two times a week as it is healthier than red meat.
- D) Isabella : I always prefer going to restaurants because I dislike cooking.