

UNIT 1 : PRACTICE

1) Complete using the correct action:

always



/

usually



/

often



/

sometimes



/

hardly ever



/

never



2) Use the vocabulary in exercise 1 and complete this text about Hannah, remember to use the 3rd person form.

She usually _____ . She often _____ , she is a good student. She sometimes _____ , she is good at washing the dishes. She always _____ three times a day. She never _____ , she prefers healthy snacks. She hardly ever _____ , she usually practice a sport.

3) Read and choose the correct option.



Hello, my name is Tanya!

I'm thirteen years old and I need to change my habits. 😓

I'm not very organized and I hardly ever do my homework after school. I never study and I fail my exams. I usually eat junk food. I love burgers and kebab.

I sometimes practice a sport. I always play videogames online with my friends and I watch Tiktoks for hours.

My friend Claire is a very good student. She always does her homework after school. She sometimes help our partners in the class. She usually does her chores. She helps her parents to lay the table and wash the dishes. We sometimes go to the park together.

Claire never spends time in social media. She doesn't like Tiktok or Instagram. 😊

1) Tanya is 15 years old.

True

False

2) Tanya has bad habits.

True

False

3) Her friend is a good student.

True

False

4) Claire never spends time on social media

True

False

5) Tanya usually eats...

healthy snacks

junk food

6) Tanya never...

studies

study

7) Claire helps her parents to...

tidy her room

wash the dishes

8) Claire is a good student because she always...

does my homework

does her homework