



Listening Strategy

The information that you need to understand in the recorded text may be expressed differently in the task.

- Listen out for synonyms of key words in the task. Key words are content words such as adjectives, nouns and verbs.
- Also listen out for ways in which words with the opposite meaning, or negative verbs, correspond with key words in the task.

It's rather cold today. » It isn't very warm today.
We won the match. » We didn't lose the match.

- 2 1.07 Read the Listening Strategy. Then listen to Alex talking about wingsuit flying. Write the words he uses instead of the underlined words.

- 1 He spent a long time trying to find the right sport.

- 2 He disliked team games when he was a teenager.

- 3 He thinks wingsuit flying is a great feeling.

- 4 Unfortunately, it is expensive.

Speaker ☐

- 3 1.08 Listen to three other people talking about the extreme sports in the photos above. Match speakers 1–3 with photos A–C.

- 4 1.08 Listen again. Are these sentences true (T) or false (F)? To help you, listen for synonyms or antonyms of the underlined words.

Speaker 1

- 1 When he first saw the sport, he thought it looked impossible. ☐
- 2 He thinks the sport feels worse when you're actually doing it. ☐

Speaker 2

- 3 She wanted a sport that was physically difficult. ☐
- 4 She often thinks about the risks involved in her sport. ☐

Speaker 3

- 5 He was familiar with the sport before he went to Nicaragua. ☐
- 6 He found the experience not very exciting. ☐