

## UNIT 2: HEALTH

### TEST 1

*I. Choose the words whose underlined part is pronounced differently from that of the others in each group.*

- |                                 |                                   |                             |                             |
|---------------------------------|-----------------------------------|-----------------------------|-----------------------------|
| 1. A. <u>f</u> ast              | B. st <u>a</u> y                  | C. t <u>a</u> ke            | D. l <u>a</u> zy            |
| 2. A. <u>i</u> ce cream         | B. med <u>i</u> cine              | C. v <u>i</u> tamin         | D. <u>l</u> ife             |
| 3. A. <u>h</u> and              | B. <u>h</u> urt                   | C. <u>h</u> our             | D. <u>h</u> ealth           |
| 4. A. <u>s</u> leep             | B. <u>s</u> oda                   | C. <u>s</u> ick             | D. <u>s</u> ugar            |
| 5. A. <u>h</u> eadache          | B. <u>m</u> eat                   | C. <u>e</u> at              | D. <u>w</u> eak             |
| 6. A. <u>m</u> ountain          | B. sh <u>o</u> uld                | C. <u>f</u> ound            | D. <u>a</u> bout            |
| 7. A. n <u>e</u> ws             | B. th <u>i</u> ngs                | C. stud <u>e</u> nts        | D. br <u>a</u> ins          |
| 8. A. <u>v</u> egetables        | B. sm <u>o</u> othies             | C. <u>l</u> ifestyles       | D. <u>l</u> unches          |
| 9. A. <u>r</u> est <u>e</u> d   | B. <u>a</u> s <u>k</u> e <u>d</u> | C. <u>h</u> elp <u>e</u> d  | D. <u>p</u> lac <u>e</u> d  |
| 10. A. <u>s</u> ound <u>e</u> d | B. <u>p</u> resent <u>e</u> d     | C. <u>v</u> isit <u>e</u> d | D. <u>c</u> heck <u>e</u> d |

*II. Choose the best answer to complete each sentence.*

11. How much exercise \_\_\_\_\_ your brother do every week?  
 A. do                                      B. does                                      C. did                                      D. is
12. Let's go to the \_\_\_\_\_. I would like to eat seafood.  
 A. restaurant                              B. cafeteria                              C. sports center                              D. school
13. I have a lot of energy and I can do a lot of work. I feel \_\_\_\_\_.  
 A. weak                                      B. unhealthy                              C. strong                                      D. tired
14. She feels hot and sick. I think she has \_\_\_\_\_.  
 A. a fever                                      B. a headache                              C. earache                                      D. sore eye
15. We don't enjoy \_\_\_\_\_ fast food. It isn't good for our health.  
 A. eat                                      B. ate                                      C. eaten                                      D. eating
16. How much soda \_\_\_\_\_ you drink every week?  
 A. do                                      B. did                                      C. does                                      D. are
17. My mother doesn't eat \_\_\_\_\_ junk food.  
 A. some                                      B. any                                      C. a little                                      D. many
18. Fast food is \_\_\_\_\_ for children.  
 A. healthy                                      B. unhealthy                                      C. good                                      D. better
19. My sister should \_\_\_\_\_ medicine because she has a fever now.  
 A. taking                                      B. having                                      C. have                                      D. take
20. If you \_\_\_\_\_ vitamins every day, your skin will be very fair.  
 A. take                                      B. took                                      C. taking                                      D. taken

### III. Choose the suitable word to complete the sentences.

21. I don't eat **any/ some** fast food.
22. We should drink **any/ some** fruit juice now.
23. She doesn't do **any/ some** exercise today.
24. My brother can play **any/ some** sports such as: soccer, volleyball, badminton, table tennis...
25. She does **many/ a little** exercise in the morning.
26. How **much/ any** fruit do you eat every day?
27. We should drink **lots of/ much** water every day.
28. My daughter doesn't watch **much/ many** TV every day.
29. Tommy doesn't eat **any/ a little** salad every day.
30. How **much/ many** beer does your father drink every week?

### IV. Choose the word which best fits each gap.

My friend, John, has had a few problems with his health. He didn't feel well (31) \_\_\_\_\_ he told his parents about that. His mum said, "You should eat more vegetables. You shouldn't eat (32) \_\_\_\_\_ every day." His dad said, "You should go to bed earlier. You (33) \_\_\_\_\_ stay up so late at night." He phoned me and told me about the problems. I said, "Don't play so many computer games. Go outside and play football."

He didn't go to school last week. He went to (34) \_\_\_\_\_ the doctor. The doctor said, "You should stay at home for a week. Don't go out and don't turn on your computer."

At school today, he looked sad. We asked him, "What's wrong? You should be happy. You weren't here last week."

John is (35) \_\_\_\_\_ his school work from last week. He's not happy at all.

- |                   |               |                     |              |
|-------------------|---------------|---------------------|--------------|
| 31. A. because    | B. so         | C. and              | D. but       |
| 32. A. ready food | B. fresh food | C. traditional food | D. junk food |
| 33. A. should     | B. shouldn't  | C. must             | D. mustn't   |
| 34. A. see        | B. look       | C. look at          | D. find      |
| 35. A. taking     | B. making     | C. doing            | D. playing   |

### V. Rewrite the following sentences without changing the meaning.

36. My mother loves doing morning exercise.

→ *My mother is fond of* \_\_\_\_\_

37. Let's go to the cafeteria this afternoon!

→ *How* \_\_\_\_\_

**38.** Eating fruit and vegetables is healthy.

→ *It is* \_\_\_\_\_

**39.** I would like to drink some orange juice now.

→ *I want* \_\_\_\_\_

**40.** Don't forget to sleep at least eight hours a day. It's enough for you!

→ *Remember* \_\_\_\_\_