

UNIT 2: HEALTH TEST 1

I. Choose the words whose underlined part is pronounced differently from that of the others in each group.

1. A. <u>fast</u>	B. <u>stay</u>	C. <u>take</u>	D. <u>lazy</u>
2. A. <u>ice cream</u>	B. <u>medicine</u>	C. <u>vitamin</u>	D. <u>life</u>
3. A. <u>hand</u>	B. <u>hurt</u>	C. <u>hour</u>	D. <u>health</u>
4. A. <u>sleep</u>	B. <u>soda</u>	C. <u>sick</u>	D. <u>sugar</u>
5. A. <u>headache</u>	B. <u>meat</u>	C. <u>eat</u>	D. <u>weak</u>
6. A. <u>mountain</u>	B. <u>should</u>	C. <u>found</u>	D. <u>about</u>
7. A. <u>news</u>	B. <u>things</u>	C. <u>students</u>	D. <u>brains</u>
8. A. <u>vegetables</u>	B. <u>smoothies</u>	C. <u>lifestyles</u>	D. <u>lunches</u>
9. A. <u>rested</u>	B. <u>asked</u>	C. <u>helped</u>	D. <u>placed</u>
10. A. <u>sounded</u>	B. <u>presented</u>	C. <u>visited</u>	D. <u>checked</u>

II. Choose the best answer to complete each sentence.

11. How much exercise _____ your brother do every week?
A. do B. does C. did D. is

12. Let's go to the _____. I would like to eat seafood.
A. restaurant B. cafeteria C. sports center D. school

13. I have a lot of energy and I can do a lot of work. I feel _____.
A. weak B. unhealthy C. strong D. tired

14. She feels hot and sick. I think she has _____.
A. a fever B. a headache C. earache D. sore eye

15. We don't enjoy _____ fast food. It isn't good for our health.
A. eat B. ate C. eaten D. eating

16. How much soda _____ you drink every week?
A. do B. did C. does D. are

17. My mother doesn't eat _____ junk food.
A. some B. any C. a little D. many

18. Fast food is _____ for children.
A. healthy B. unhealthy C. good D. better

19. My sister should _____ medicine because she has a fever now.
A. taking B. having C. have D. take

20. If you _____ vitamins every day, your skin will be very fair.
A. take B. took C. taking D. taken

III. Choose the suitable word to complete the sentences.

21. I don't eat **any/ some** fast food.
22. We should drink **any/ some** fruit juice now.
23. She doesn't do **any/ some** exercise today.
24. My brother can play **any/ some** sports such as: soccer, volleyball, badminton, table tennis...
25. She does **many/ a little** exercise in the morning.
26. How **much/ any** fruit do you eat every day?
27. We should drink **lots of/ much** water every day.
28. My daughter doesn't watch **much/ many** TV every day.
29. Tommy doesn't eat **any/ a little** salad every day.
30. How **much/ many** beer does your father drink every week?

IV. Choose the word which best fits each gap.

My friend, John, has had a few problems with his health. He didn't feel well (31) _____ he told his parents about that. His mum said, "You should eat more vegetables. You shouldn't eat (32) _____ every day." His dad said, "You should go to bed earlier. You (33) _____ stay up so late at night." He phoned me and told me about the problems. I said, "Don't play so many computer games. Go outside and play football."

He didn't go to school last week. He went to (34) _____ the doctor. The doctor said, "You should stay at home for a week. Don't go out and don't turn on your computer."

At school today, he looked sad. We asked him, "What's wrong? You should be happy. You weren't here last week."

John is (35) _____ his school work from last week. He's not happy at all.

31. A. because	B. so	C. and	D. but
32. A. ready food	B. fresh food	C. traditional food	D. junk food
33. A. should	B. shouldn't	C. must	D. mustn't
34. A. see	B. look	C. look at	D. find
35. A. taking	B. making	C. doing	D. playing

V. Rewrite the following sentences without changing the meaning.

36. My mother loves doing morning exercise.

→ *My mother is fond of* _____

37. Let's go to the cafeteria this afternoon!

→ *How* _____

38. Eating fruit and vegetables is healthy.

→ *It is* _____

39. I would like to drink some orange juice now.

→ *I want* _____

40. Don't forget to sleep at least eight hours a day. It's enough for you!

→ *Remember* _____