

**I. Choose the word whose underlined part is pronounced differently from the others.**

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|---------------|-----------|-------------|-------------|
| 1. A. cough   | B. enough | C. through  | D. laugh    |
| 2. A. dolphin | B. uphill | C. earphone | D. alphabet |
| 3. A. night   | B. tough  | C. flight   | D. high     |
| 4. A. ate     | B. about  | C. amazing  | D. above    |
| 5. A. learn   | B. early  | C. earth    | D. hear     |

**II. Vocabulary**

Write a word or phrase from the box under each picture



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_

**III. Complete the sentences with the words and phrases below**

tofu

fit

chapped lips

weight

harms

bins

- Doing housework is a kind of exercise. It helps keep you \_\_\_\_\_.
- Some of a vegetarian's main foods are \_\_\_\_\_ and vegetables.
- Physical activities like running help you lose \_\_\_\_\_.
- There should be more \_\_\_\_\_ in public places.
- Reading in dim light \_\_\_\_\_ your eyes.
- Cold weather causes \_\_\_\_\_ and skin.

**IV. Translate into Vietnamese**

1. What is the benefit of playing volleyball?

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2. Eat more fruit and vegetables.

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3. Fruit contains a lot of vitamins.

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4. Laughter and love are good for your health.

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5. We should do more physical activities.

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6. Don't hate people.

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7. Skip breakfast to lose weight.

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8. Exercise every day.

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9. Eat until you feel 100% full.

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10. Take a bath once a day.

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## Unit 2: HEALTHY LIVING- 2



11. Have a balanced diet for a long life.

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12. Change your pillow cover once a month.

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13. Keep warm in winter.

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