

UNIT 1. A HEALTHY LIFESTYLE

1. Match the words with their definitions

- 1. Selfish
 - a) a statement in which you express too much pride in yourself or in something you have, have done, or are connected to in some way
- 2. Attentive
 - b) having or showing concern only for yourself and not for the needs or feelings of other people
- 3. Boastful
 - c) good and truthful : not lying, stealing, or cheating
- 4. Cheerful
 - d) having or showing true and constant support or loyalty
- 5. Honest
 - e) thinking about or watching something carefully
- 6. Faithful
 - f) feeling or showing happiness

2. Complete the words to make up a similia.

1. as silent as _____.
2. as clear as _____.
3. as old as _____.

3. Fill in the gaps with Present Simple or Present Continuous Tense.

1. I _____ (be) generous by 8 pm.
2. It _____ (become) quite hard — perhaps we shouldn't go out tonight.
3. You won't find Jerry at home right now. He _____ (work) in the library tonight.
4. Don't give Jan any cheese. She _____ (eat) it!
5. We _____ (have) lunch in the cafeteria at 5 pm on Monday.
6. The seminar _____ (end) at the college in summer.

4. What is a healthy way of life means for you?