

UNIT 1. A HEALTHY LIFESTYLE

1. Match the words with their definitions

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| 1. Selfish | a) a statement in which you express too much pride in yourself or in something you have, have done, or are connected to in some way |
| 2. Attentive | b) having or showing concern only for yourself and not for the needs or feelings of other people |
| 3. Boastful | c) good and truthful : not lying, stealing, or cheating |
| 4. Cheerful | d) having or showing true and constant support or loyalty |
| 5. Honest | e) thinking about or watching something carefully |
| 6. Faithful | f) feeling or showing happiness |

2. Complete the words to make up a similia.

1. as silent as _____ .
2. as clear as _____ .
3. as old as _____ .

3. Fill in the gaps with Present Simple or Present Continuous Tense.

1. I _____ (be) generous by 8 pm.
2. It _____ (become) quite hard — perhaps we shouldn't go out tonight.
3. You won't find Jerry at home right now. He _____ (work) in the library tonight.
4. Don't give Jan any cheese. She _____ (eat) it!
5. We _____ (have) lunch in the cafeteria at 5 pm on Monday.
6. The seminar _____ (end) at the college in summer.

4. What is a healthy way of life means for you?
