

Apache Girl's Rite of Passage

National Geographic

VIDEO | SUMMARY AUDIO

▶ 00:00

00:50 Speed

Spanish/Español

The video "Apache Girl's Rite of Passage" follows a group of Mescalero Apache girls going through a coming-of-age ceremony. It centers on a girl named Dashina. The rites stretch over four days, testing strength and endurance. The girls receive little food or sleep. They must be stoic, and display tight control over their emotions. The ceremonies parallel both the Apache creation story and the Apache notion of four stages of progress to adulthood—infancy, childhood, adolescence, and womanhood. The rites culminate with over ten hours of dancing through the night. At the end of the ceremony, the girls receive their Apache's women's names, signaling their move into adulthood.

 **LIVEWORKSHEETS**