

## Grammar 5

### Adverbs of Frequency and Adverbs of Intensity

Adverbs of frequency tell you how often something happens.

List of some adverbs of frequency:

|                     |                      |                  |                    |
|---------------------|----------------------|------------------|--------------------|
| <i>always</i>       | <i>almost always</i> | <i>usually</i>   | <i>often</i>       |
| <i>sometimes</i>    | <i>seldom</i>        | <i>rarely</i>    | <i>hardly ever</i> |
| <i>almost never</i> | <i>never</i>         | <i>every day</i> |                    |

Adverbs of intensity (adverbs of degree) tell you how much something is.

List of some adverbs of intensity:

|               |               |               |                |
|---------------|---------------|---------------|----------------|
| <i>very</i>   | <i>really</i> | <i>pretty</i> | <i>kind of</i> |
| <i>almost</i> | <i>just</i>   | <i>barely</i> |                |

Position of an adverb of frequency or an adverb of intensity in a sentence:

- after a be verb
- before the main verb, or an adjective or adverb

### **PRACTICE**

#### Insert the adverbs in the sentences

1. We go to the movies. (seldom)

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2. The baby runs fast. (pretty)

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3. Please speak louder. We can hear you. (barely)

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4. I practice speaking in English. (every day)

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5. Our teachers are late. (never)

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**Choose an adverb of frequency or intensity from the box to complete the sentences. More than one answer may be possible.**

|         |           |        |        |        |
|---------|-----------|--------|--------|--------|
| always  | sometimes | never  | just   | rarely |
| usually | pretty    | almost | really | barely |

1. I almost missed my bus.
2. She \_\_\_\_\_ jogs in the mornings.
3. I think she's a \_\_\_\_\_ nice person.
4. It is \_\_\_\_\_ necessary to call the police.
5. Volunteers \_\_\_\_\_ try to help people after a disaster.
6. Do you \_\_\_\_\_ come to school by bus?
7. I \_\_\_\_\_ like to eat something sweet.
8. My brother \_\_\_\_\_ yells when he is angry.
9. A good coach \_\_\_\_\_ tries to encourage his team.
10. My parents \_\_\_\_\_ arrived home from a trip.