

## EXERCISE 7

Read the sentences and highlight the phrases for giving opinions.

1. In my opinion, people should reduce the amount of sugar they eat but also enjoy sweet things sometimes.
2. On the one hand, it is true that people eat too much sugar now and that it has a bad effect on their health.
3. More calories means that people get fat and have problems with their heart or other illnesses.
4. In my view, they should reduce the amount of cola that they drink.
5. On the other hand, it is important not to stop enjoying traditional food.
6. I think it would be sad to stop eating these cakes on special occasions.
7. I do not agree that it is a problem to drink coffee with sugar sometimes.
8. In conclusion, I agree that sugar is a big health problem.