

# Vocabulary

## 1 Match the sentence halves.

- 1 Don't tell \_\_\_\_
- 2 Gracie cuts \_\_\_\_
- 3 Jocelyn fought \_\_\_\_
- 4 You mustn't gossip \_\_\_\_
- 5 John cheated \_\_\_\_

- a Josie in the schoolyard.
- b in an English test.
- c about Mark.
- d lies to the teacher.
- e school on Mondays.

\_\_\_\_ / 5

## 2 Put the words in the correct categories.

cough backache cold rash headache

- 1 on the skin  
\_\_\_\_\_
- 2 common in winter  
\_\_\_\_\_
- 3 bad pain  
\_\_\_\_\_

\_\_\_\_ / 5

# Grammar

## 3 Complete the questions with the past progressive form of the verbs in the box. Then write affirmative (✓) or negative (x) short answers.

talk tell study teach watch

- 1 \_\_\_\_\_ (I) in my sleep last night? (x)  
\_\_\_\_\_
- 2 \_\_\_\_\_ (Grandpa) the movie with you? (✓)  
\_\_\_\_\_
- 3 \_\_\_\_\_ (Ava and Andrew) at your house last night? (x)  
\_\_\_\_\_

- 4 \_\_\_\_\_ (Mrs. Avery) you today? (✓)  
\_\_\_\_\_

- 5 Excuse me, \_\_\_\_\_ (you) lies about me to Sophia? (x)  
\_\_\_\_\_

\_\_\_\_ / 5

## 4 Complete the text with the past progressive form of the verbs in parentheses.

Our journey on the boat wasn't great. The boat

1 \_\_\_\_\_ (move) from side to side, and I

2 \_\_\_\_\_ (run) to the bathroom regularly.

Mom and Dad 3 \_\_\_\_\_ (look) pretty

green, too, and we 4 \_\_\_\_\_ (not talk)

much. I wanted to stand outside in the fresh air, but

it was so cold, and I 5 \_\_\_\_\_ (not wear)

warm clothes.

\_\_\_\_ / 5

## 5 Complete the second sentence so that it has a similar meaning to the first. Use *while* and the past progressive only.

- 1 Aaliyah did the bungee jump, and her friends took pictures.

While Aaliyah \_\_\_\_\_  
\_\_\_\_\_.

- 2 We looked at the tourist map, and thieves stole our passports.

Thieves \_\_\_\_\_  
\_\_\_\_\_.

- 3 We did our homework, and you listened to music.

While we \_\_\_\_\_  
\_\_\_\_\_.

- 4 I cooked the meal, and Dad gave me advice.

Dad \_\_\_\_\_  
\_\_\_\_\_.

- 5 The doctor talked to Mom, and I waited in the hospital café.

While the \_\_\_\_\_  
\_\_\_\_\_.

\_\_\_\_ / 5

**6** Reorder the words to make sentences. Start with the underlined words, and add punctuation where necessary.

1 Kevin / were / doing / we / asked me for / a test / when / an answer

\_\_\_\_\_

2 was / switched off / while / I / watching / the TV / Mom / my favorite show

\_\_\_\_\_

3 when / was / my dog / I / trying / to sleep / onto / the bed / climbed

\_\_\_\_\_

4 I / saw / I / was / swimming / a dolphin / while

\_\_\_\_\_

5 a bad dream / you / had / you / while / were / sleeping

\_\_\_\_\_

\_\_\_ / 5

**7** Use the prompts to write questions and short answers with *should*.

1 I / ask / Mom for some money?

\_\_\_\_\_

No, \_\_\_\_\_.

2 you / drink / less cola, Zachary?

\_\_\_\_\_

Yes, I \_\_\_\_\_.

3 we / get / more sleep?

\_\_\_\_\_

No, \_\_\_\_\_.

4 Wendy / take / the doctor's advice?

\_\_\_\_\_

Yes, \_\_\_\_\_.

5 Hannah and Emily / ride / their bikes more slowly?

\_\_\_\_\_

Yes, \_\_\_\_\_.

\_\_\_ / 5

**8** Complete the dialogue with *should* / *shouldn't* and the verbs in the box.

cheat become study look leave

**Jared** Are those the tests for tomorrow's class?

**Naomi** Yes, maybe we <sup>1</sup> \_\_\_\_\_ at them. We'll get good grades!

**Jared** I don't know. I don't think we <sup>2</sup> \_\_\_\_\_.

**Naomi** Well, the teacher <sup>3</sup> \_\_\_\_\_ them there.

**Jared** Sorry, but I think we <sup>4</sup> \_\_\_\_\_ with our friends.

**Naomi** You're so honest! You <sup>5</sup> \_\_\_\_\_ a teacher or a police officer when you grow up.

\_\_\_ / 5

**9** Use the prompts to write sentences in the second conditional.

1 if / you / go / to hospital / I / visit / you.

\_\_\_\_\_

2 Omar and Valeria / not fight / if / they / talk / about their problems.

\_\_\_\_\_

3 if / my friends / not bully / people, I / like / them more.

\_\_\_\_\_

4 we / not buy / clothes / if / we / not need / them.

\_\_\_\_\_

5 if / I / be / you / I / wear / a warm coat.

\_\_\_\_\_

\_\_\_ / 5

**10** Complete the questions with second conditional forms of the verbs in the box. Then write affirmative (✓) or negative (x) short answers.

steal invite become choose not return go  
teach not have help pay

- 1 \_\_\_\_\_ (Ruby) me to play the guitar if I \_\_\_\_\_ her with her Math? (x)
- 2 If I \_\_\_\_\_ a bad back, \_\_\_\_\_ (Ms. Matthews) me for the basketball team? (✓)
- 3 \_\_\_\_\_ (you) the test papers if someone \_\_\_\_\_ you? (x)
- 4 If Alan \_\_\_\_\_ you to his house, \_\_\_\_\_ (you)? (✓)
- 5 \_\_\_\_\_ (Mom and Dad) angry if we \_\_\_\_\_ home before 9 p.m.? (x)

\_\_\_ / 5

## Reading

### Emergency situations

If you had an emergency, would you know what to do? Read this guide and learn how to respond in two real-life emergency situations.

*"My friend Ellie and I were sitting on the sofa and watching a movie at my house. Ellie was eating a chocolate cookie when she started to cough. She couldn't say anything. I got her some water, but it didn't help. Then I saw that she had a rash on her face. It was very scary. I didn't know how to help Ellie, so I called 911, and an ambulance came to take her to the hospital. Later, I learned Ellie can't eat nuts—she has an allergy. She's known about this for a long time. But we didn't know that there were nuts in the cookies that we were eating."*

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### What the experts say ...

Megan did the right thing to call 911 because Ellie was having a very bad reaction, and her life was in danger. But most allergies aren't as bad as Ellie's. Some people feel sick or get a headache or a stomachache, for example. If someone has a small reaction to something for the first time, they should talk to their doctor.

*"It was a beautiful day last summer. My friends and I were at the skate park. Jack was riding his new skateboard when he fell and broke his arm. He wasn't wearing a helmet, so he hurt his head, too. He was talking, but he was very confused. He didn't know his name! We were very worried. Jack's mom is a nurse, so we called her at work. She told us we shouldn't move him. She came to the park and took him back to the hospital. He was fine in the end, but it was very scary!"*

—Conor

### What the experts say ...

Jack was very lucky in this situation. You should always wear a helmet while you're skateboarding or riding a bike. If everybody wore a helmet, they wouldn't hurt their heads.

If someone hits their head, they may feel dizzy or confused. This is called "concussion," and it is serious. They should go to the doctor if they don't feel better after a few days. If they hit their head and can't wake up, you will need to call an ambulance.

If you think someone has broken their arm, ask an adult to take them to hospital. They shouldn't move it because they might hurt their arm even more.

## 11 Read the text. Then find a word that means ...

- 1 a problem on your skin. \_\_\_\_\_
- 2 a food that grows on trees. \_\_\_\_\_
- 3 a person who works in a hospital. \_\_\_\_\_
- 4 fortunate. \_\_\_\_\_
- 5 a van that takes you to hospital. \_\_\_\_\_

\_\_\_ / 5

## 12 Read the text again and write T (true) or F (false) next to the statements. Correct the false statements.

- 1 Ellie and her friend were listening to music when the problem started. \_\_\_\_  
\_\_\_\_\_
- 2 Megan felt very scared. \_\_\_\_  
\_\_\_\_\_
- 3 You should call 911 if you have a small allergic reaction. \_\_\_\_  
\_\_\_\_\_
- 4 Jack broke his leg when he was at the skate park with his friends. \_\_\_\_  
\_\_\_\_\_
- 5 If you feel dizzy when you hit your head, it's very serious. \_\_\_\_  
\_\_\_\_\_

\_\_\_ / 5

## 13 Answer the questions.

- 1 How did Megan try to help Ellie?  
\_\_\_\_\_
- 2 How did Ellie get to hospital?  
\_\_\_\_\_
- 3 Why was Megan right to call 911?  
\_\_\_\_\_
- 4 Where was Jack's mom when Jack fell?  
\_\_\_\_\_
- 5 What should you do if someone hits their head and doesn't wake up?  
\_\_\_\_\_

\_\_\_ / 5



## Trending topics

**14** Make notes about a medical problem or emergency that you had. Use the questions to help you.

1 What medical problem did you have?

\_\_\_\_\_

2 Where were you?

\_\_\_\_\_

3 Who were you with?

\_\_\_\_\_

4 When did the problem start?

\_\_\_\_\_

5 Who did you ask for help?

\_\_\_\_\_

6 How did people help you?

\_\_\_\_\_

7 What (other) symptoms did you have?

\_\_\_\_\_

8 How were you feeling?

\_\_\_\_\_

9 What advice did you receive?

\_\_\_\_\_

10 When did you get better?

\_\_\_\_\_


\_\_\_\_ / 10

**15** Write a paragraph about the medical problem. Use your notes from exercise 14.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_ / 10

## Listening

**16**  **T03** Listen and choose the correct alternatives.

1 Jessie was at the beach in the **morning** / **afternoon**.

2 Jessie's mom **knew** / **didn't know** that Jessie was at the beach.

3 Jessie was swimming in the ocean when **a thief** / **her friends** took her phone.

4 Jessie's friends were buying **ice cream** / **fries**.

5 Hannah and Sophie checked their phones on the **beach** / **train**.

6 Jessie's friends **were** / **weren't** fighting.

7 Jessie's brother **told** / **didn't tell** lies about her.

8 Jessie had a **headache** / **stomachache** the next day.

9 Jessie **is** / **isn't** going to cut school again.

10 Jessie's password **wasn't** / **was** very simple.

\_\_\_\_ / 10

**17**  **T03** Listen again and answer the questions.

1 Where were Hannah and Sophia while Jessie was swimming?

\_\_\_\_\_  
\_\_\_\_\_

2 Why didn't Jessie want to call the police?

\_\_\_\_\_  
\_\_\_\_\_

3 What was the problem when Jessie tried to log in?

\_\_\_\_\_  
\_\_\_\_\_

4 What advice did the social media company give?

\_\_\_\_\_  
\_\_\_\_\_

5 What will Jessie do next time she goes to the beach?

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_ / 5

**TOTAL** \_\_\_\_ / 100