TA7 Unit 2: HEALTHY LIVING- 1

I. Choose the word whose underlined part is pronounced differently from the others.

1. A. thousand	B. thick	C. month	D. then
2. A. tiny	B. light	C. continue	D. blind
3. A. tutor	B. duck	C. cube	D. music

II. Choose the best answer (A , B , C or D) to complete the sentences.

1. Does your father like .....photos?

A. doing B. making C. taking D. having

2. What do they .....about making pottery?

A. have B. worry C. think D. take

3. My daughter is .....She can make new things easily.

A. creative B. careful C. serious D. happy

4. My mum does exercise every day to .....fit.

A. keep B. do C. take D. turn

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5. The man .....up this hobby when he returned to his country.

A. added B. had C. took D. saw

6. You should eat a lot of fruits and vegetables because they ..... vitamin A, which is good for the eyes.

A. run B. take C. provide D. get

7. The health ..... from the diet expert is that you should eat less junk food and count you calories if you are becoming fat.

A. advices B. ideas C. tip D. tips

8. The seafood I ate this morning makes me feel ..... all over.

A. itchy B. weak C. running D. well

9. If you want to be fit, stay outdoors more and do more ..... activities.

A. physics B. physic C. physical D. physically

10. Do more exercise ..... eat more fruit and vegetables.

A. and B. so C. but D. or

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III. Make up the sentences using the words and phrases given

1. Nick/ wash/ hands a lot/ he/ not/ have the flu.

_____

2. David/ eat/ lots of junk food/ he/ not do exercise.

_____

3. Elena/ should/ sleep more/ she/ try to relax more.

_____

4. When you go outside/ wet hais, it/ make you get/ cold/ flu.

_____

5. You/ eat/ fresh fish, it/ make you smarter.

_____

6. You/ eat/ carrots, it/ help you see at night/ clearly.

_____

IV. Rewrite the following sentences in the correct order

1. play/ can/ the guitar/ I/./

_____

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2. ride a bike/ do/ at the weekend/ you/ ?/

_____

3. have a picnic/ I/ at the weekend/ ./

_____

4. you/ do/ play/ at the weekends/ computer games/ ?/

_____

5. fly/ on Sundays/ a kite/ They/ ./

_____

6. football/ I/ play/ can/ ./

_____

V. Use the given words to fill in the statements and translate into Vietnamese.

physical/ sleep/exercise/heart/ handwash/safe/

1. Eating a lot of salt or sugar can lead to_____ disease.

.....

.....

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2. Drink only _____ Water.

.....

3. Doing housework is also a type of_____ activity.

.....

4. Stand up every hour and do some. _____ to reduce sitting time.

.....

5. Your mind works well if you get enough good _____.

.....

6. _____ regularly to prevent some diseases.

.....

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