

# Healthy Sleeping

Surname \_\_\_\_\_ Form \_\_\_\_\_

## A. Match the idioms with their meaning.

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|--|--|
| <input type="checkbox"/> 1) to go to sleep             | <b>A</b> To sleep very lightly, aware of what is happening around. |
| <input type="checkbox"/> 2) to sleep like a log        | <b>B</b> To sleep very soundly.                                    |
| <input type="checkbox"/> 3) to sleep with one eye open | <b>C</b> To sleep well.  |
| <input type="checkbox"/> 4) to sleep over              | <b>D</b> To fall asleep.   |
| <input type="checkbox"/> 5) to sleep tight             | <b>E</b> To spend the night at a friend's place.                   |

## B. Use the phrases from part A to complete the sentences.

- 1) I \_\_\_\_\_ almost as soon as I climb into bed.
- 2) I slept like \_\_\_\_\_ until morning.
- 3) The guard was sleeping with \_\_\_\_\_, watching everything that went on.
- 4) «Goodnight, then. Sleep \_\_\_\_\_.»
- 5) Katie was asked to \_\_\_\_\_ with Jenny.