# Grammar Test

I. Write the letter in the blanks to complete the sentences. First Conditional (5 points)

1. If you _____ 8 hours, you will be weak during the day.

a) sleep b) don´t sleep c) will sleep

2. If you eat fruits and vegetables, you _____ vitamins and minerals.

a) will get b) get c) don´t get

3. If you _____ fish and meat, you will get protein.

a) will eat b) don´t eat c) eat

4. If you want an easy exercise, walking _____ you to start getting fit.

a) will help b) won´t help c) help

5. If you _____ your muscles, you won´t have a good flexibility.

a) will stretch b) don´t stretch c) stretch

II. Write the letter that matches the sentence. (5 points)

| | |
|---|---|
| 1. If you put ice in the sun, _____ | a) it sinks. |
| 2. If you boil water, _____ | b) it attracts. |
| 3. If you don´t drink enough water, _____ | c) it melts. |
| 4. If you put a coin in a container with water, _____ | d) it turns into steam. |
| 5. If you put a magnet near paper clips, _____ | e) you dehydrate. |

III. Read and write a **T** for True or an **F** for False. (5 points)

1. If the weather is hot, water evaporates. _____

2.If water becomes vapor, it turns into ice. _____

3.If you are in space, you float. _____

4. If you eat fats and oils, you will be healthy. _____

5. If you practice yoga, you will be more relax. _____