

FOOD AND HEALTH 1

1. Listen and write. There is one example:

THINGS I NEED TO TAKE TO SCHOOL

For walk:

sunglasses

1. For sports lessons: White _____
2. For art class: picture of _____
3. A file for: _____ projects
4. For camping: Blue _____ shampoo
5. For "pets day": _____

2. Read and choose the best answer:

a. There was a big _____ of salad to eat after the meal.

A. bottle	B. can	C. bowl
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b. When _____ was ready, they all sat down at the table.

A. nothing	B. everything	C. anything
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c. I can't make my point clear! _____ understands me.

A. No one	B. everyone	C. anyone
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d. I don't know why I'm always tired and have _____.

A. a fever	B. no energy	C. a cough
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e. What's the matter? – I have _____ and I've lost my voice.

A. a fever	B. headache	C. a sore throat
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f. _____ is in the room. – Really? Maybe _____ has left for Lucy's party.

A. Everyone/ anyone	B. Anyone/ everyone	C. No one/ everyone
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g. Oh man, I cannot breathe! – Do you have _____?

A. a toothache	B. a runny nose	C. a blocked nose
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3. Read the conversation and choose the best answer. Write a letter (A- H) for each answer. You do not need to use all the letters.

John and Anna are talking about the park. What does Anna say to John?

John: Hello, Anna. Are you going to the park?	A. I've never tried but it looks exciting.
Anna: _____	B. Yes, I am, John.
John: Oh, can I come too?	C. On the bus, which is quicker.
Anna: _____	D. Of course you can.
John: Great, what are you going to do there?	E. Another person from school. I want to win.
Anna: _____	F. I'll wait for you here.
John: Oh! I'm not good at that. Who are you going to play with?	G. I'm going to play tennis.
Anna: _____	H. It starts at half past two.
John: What time is the match?	
Anna: _____	
John: OK. I'll go and get my things.	
Anna: _____	
John: See you in a minute.	

4. Write a paragraph about a special person in your life. You can include the answers to the following questions:

Who is this person? Why is this person special? What does he/ she look like? What is he/ she like?

What is he/ she keen on doing? What is he/she masterful at?

What are his/ her achievements?

What lessons did you learn from this person?

5. Look and match the words in the box with the pictures:

have an earache	have a headache	feel dizzy	have a sore throat
have a chesty cough	feel sick	shivering	have a fever
have a stomach ache	have a blocked nose	have a cold	sweating
have a runny nose	virus	no energy	have a toothache



Read and answer the following questions:

Imagine that you're a doctor. Give advice to the following patients:

Lara works a lot, and she always says she has no energy. What should she do?

Peter and Larry feel sick and dizzy. What should they do?

Daisy's mother has a runny nose. What should she do?