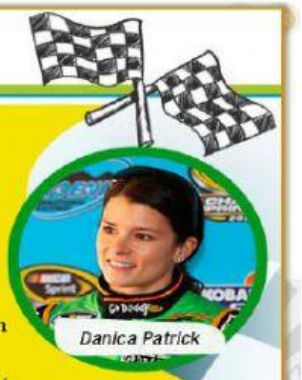
7 Complete the sentences with the modals below. Use each modal once. Drag the answers.

mustn't don't have to have to doesn't need to must

1. Sharon ..... eat fish every day – three times a week is enough.
2. Fats ..... be unhealthy for you. Olive oil, for example, is good for you.
3. You ..... have a heavy meal right before you go running. You'll feel bad!
4. I get hungry every three hours, so I ..... eat snacks between my meals.
5. David ..... wear trainers for his sports lessons at school. It's a school rule.

9 Click the correct answer.

A Fast Lady



You [1] **don't have to / mustn't** be a big car racing fan to know who Danica Patrick is. She is not only a very successful car racing driver, but also a beautiful model. When Danica was a young child, she [2] **can / could** already drive a go-kart (a small vehicle with four wheels) very fast. She started her career as a racing car driver when she was 16.

Danica only weighs 48 kilos and she [3] **can / couldn't** race at 360 kilometres an hour! That's hard work and it makes Danica hungry, so she [4] **shouldn't / needs to** eat every three hours. As you [5] **can / should** imagine, she [6] **has to / doesn't need to** eat a lot of food after a race of four or five hours. But Danica [7] **has to / can't** simply eat anything. Her diet [8] **must / can** include a lot of protein and carbohydrates. She [9] **needs to / doesn't need to** eat the right types of food to give her enough energy, not only the right quantities. This is why Danica always take boxes of eggs with her on her travels! What advice [10] **can Danica / does Danica need to** give athletes? She believes that you [11] **must / shouldn't** expect success to just happen. You [12] **have to / don't have to** work hard – and she does!



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