

# Vocabulary

## Sports and time expressions

- 1 19 Match the photos to the phrases in the box. Then listen, check and repeat.

go cycling	<input type="checkbox"/>	go diving	<input type="checkbox"/>
go swimming	<input type="checkbox"/>	go hiking	<input type="checkbox"/>
go fishing	<input type="checkbox"/>	go surfing	<input type="checkbox"/>
go horse-riding	<input type="checkbox"/>	go skiing	<input type="checkbox"/>
go skateboarding	<input type="checkbox"/>		



- 2 In turns, say the activities you do. Use time expressions from the box or adverbs of frequency.

every day    three times a week  
at weekends    once / twice a week  
on Mondays / Tuesdays / ...

- I go cycling twice a week.
- On my holidays, I go surfing every day.
- I never go skiing.

- 3 Choose a friend or a family member. Write about the activities he/she does.

*My brother has got a skateboard. He goes skateboarding every day. On holidays, he sometimes goes fishing.*

*I've got a friend in Bariloche. She always goes skiing in winter. She goes horse-riding in summer.*

## Listening

### At the sports centre

- 4 20 Listen to three conversations at a sports centre. Tick the three activities mentioned.

a yoga	<input type="checkbox"/>	d badminton	<input type="checkbox"/>
b judo	<input type="checkbox"/>	e aqua-aerobics	<input type="checkbox"/>
c swimming	<input type="checkbox"/>	f diving	<input type="checkbox"/>

- 5 20 Listen again. Write T (true) or F (false). Correct the false sentences.

#### Conversation 1

- 1 He buys tickets for two adults and one child.
- 2 They've got ten hours in the pool.

#### Conversation 2

- 3 The classes are twice a week.
- 4 She books a place for next Thursday.

#### Conversation 3

- 5 The classes are once a week.
- 6 He can swim but he can't dive.



## Reading

### An interview

- 1 Before you read > Look at the title and the photo on the website. Do you know the girl in the photo? Who is she? What sport is she good at?

Home | News | Sports | Videos | **Interviews** | Games

# Interview with Sky Brown, the best teenage skateboarder on the planet

## Sky, where do you live?

I live part of the year in Miyazaki, Japan, and part of the year in California, USA.

## I see. Are you from Japan or from the USA?

I'm from Japan. My mother is from Japan too, and my father is from Great Britain.

## You're a great skateboarder! How often do you exercise?

I exercise every day at skateparks. I do cool tricks and high jumps. I love skateboarding! It's my happy place.

## When do you go to school?

I travel for competitions about three months a year, so I sometimes go to school but I also study during my trips.

## And what other activities do you do?

I usually go surfing. And I dance too. I love music.

## What do you want to do in the future?

I want to travel, skate, surf, play the guitar and continue to help children in poor countries.

## What do you do to help?

Well, I'm an ambassador of Skateistan, for example. All my skateboards say 'Skateistan'. I also make donations.

## What's Skateistan?

It's an organization to help children in Afghanistan, Cambodia and South Africa. It combines school studies with a chance to skateboard.

**That's great! You're a very active girl and you've got a very big heart. Congratulations!**



- 2 Read for general ideas > Complete the file.



Name:

**SKY BROWN**

Town and country (1):

Town and country (2):

Main activity:

Other free time activities:

- 3 Read for details > Answer.

- 1 Where are Sky's parents from?
- 2 Does Sky exercise every day?
- 3 What does she do at skateparks?
- 4 Does she go to school?
- 5 Does she travel every month?
- 6 What does she do to help other children?



## Give your opinion

Why is Sky special? What do you think about her life – is it fun, easy, hard? Explain.