

HOW MUCH IS ...?

1 Listen and write the numbers.

The grid contains eight food items with price tags and sound icons:

- Top row: A double cheeseburger (€□.□□), A fried egg (€□.□□), A salad (€□.□□), A bowl of rice (€□.□□)
- Bottom row: A bowl of soup (€□.□□), A slice of chocolate cake (€□.□□), A slice of pizza (€□.□□), A sandwich (€□.□□)

2 Read and drag the description.

The food pyramid diagram includes four descriptive boxes on the right:

- carbohydrates**
Pasta, rice, bread and potatoes contain carbohydrates. Carbohydrates give us energy. Eat five or six servings a day.
- proteins**
Cheese, milk, meat and fish contain proteins. Proteins help children grow and be strong. Eat two or three servings a day.
- fats and sugars**
Chocolate, sweets, cola and cakes have a lot of sugar. Eat a little.
- fruit and vegetables**
Fruit and vegetables come from plants. Eat four or five servings a day.