

# MS. CHI ENGLISH

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Date: .../.../2022

Class: S8

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## GLOBAL ENGLISH 8: UNIT 1 – LANGUAGE OF THE WORLD

### GRAMMAR REVISION

#### A. HOMEWORK

**Lưu ý:** Các từ vựng mở rộng thầy cô cho ghi trong vở (nếu có): con về nhà chép mỗi từ 1 dòng để ghi nhớ nhé.

#### I. Circle the correct answer

0. Can I call you back? We **have** are having lunch at the moment.
1. Elizabeth **doesn't eat** / **isn't eating** red meat. She's a vegetarian.
2. What **do you do** / **are you doing** right now?
3. We **don't watch** / **aren't watching** TV in the morning.
4. She wants to live in Brighton but she **lives** / **is living** in London at the moment.
5. Look! The red hen **lays** / **is laying** an egg!

#### II. Read and complete. Use the present simple or the present continuous

## TeenLink

### Interview of the week

Welcome to this year's first issue of *TeenLink* magazine. This week our school is helping to reforest Belview Hill. Beth Banks interviewed Martin Chapman, the chairman of our local committee for the preservation of the environment.



Chairman Chapman at work.

- Beth: You <sup>1</sup> *'re working*... (work) very hard today.
- Martin: Yes, we are. We <sup>2</sup> ..... (plant) more trees.
- Beth: Why <sup>3</sup> ..... (you / do) this?
- Martin: Well, it usually <sup>4</sup> ..... (rain) a lot in this area and the water <sup>5</sup> ..... (carry) the soil away. We often <sup>6</sup> ..... (have) floods. So we need more trees. Trees are important because their roots <sup>7</sup> ..... (keep) the soil in its place.
- Beth: Who's helping you today?
- Martin: A lot of local people. Some people <sup>8</sup> ..... (dig) holes and others <sup>9</sup> ..... (water) the trees. Many of your schoolmates <sup>10</sup> ..... (help), too, so we <sup>11</sup> ..... (do) the work fast.
- Beth: I often <sup>12</sup> ..... (help) my dad in the garden. Is there anything I can do?



You are going to read an article about the experience of running while listening to music. Six sentences have been removed from the article. Choose from the sentences A–G the one which fits each gap (37–42). There is one extra sentence which you do not need to use.

Mark your answers on the separate answer sheet.

## Does music make you run faster?

*Runner Adharanand Finn took part in an unusual race in order to test the theory that music can make you run faster.*

An expert on the effects of music on exercise, Dr Costas Karageorghis, claims that listening to music while running can boost performance by up to 15%. To put this theory to the test, I took part in a special Rock 'n' Roll half marathon, which had groups of musicians playing at various points along the route.

As I lined up at the start with almost 4,000 other runners, a singer sang an inspiring song for us. It may explain why I got off to a good start. I only came eighth in the end, though, even though I'd just spent six months training hard. [37] However, it turns out that all the training may have affected my response to the music; according to the research, the benefits of listening to music decrease with the level of intensity of the running.

'Elite athletes,' says Karageorghis, 'tend to focus inwardly when they are running.' According to him, most other runners look for stimulus and distraction from what is going on around them. 'Judging by your time,' he says, 'you are one of the former.' It is true. Apart from the song at the start, when I was standing still, I can barely remember the music played along the course. The first act I passed, a folk group, made me smile, and at one point I found myself running in time to the beat of some hard rock. [38] I can't say they helped my performance very much. But what did other runners make of the music?

Adam Bull usually runs marathons with no music and little crowd support. [39] With the upbeat bands, you find yourself running to the beat, which helps. It also brings out people to cheer you on.' Rosie Bradford was also a convert. 'As we ran past one band and they started playing *These Boots Were Made for Walking*, everybody suddenly went faster.'

The only person I found who was less than happy with the music was Lois Lloyd. 'There wasn't enough of it, and I found it wasn't loud enough, so I ran with an MP3 player,' she said. [40] Karageorghis is not surprised when I tell him. 'There are many advantages to using your own player, rather than relying on the music on the course,' he says. 'It gives you a constant stimulus, rather than just an occasional one, and you can tailor the playlist to your taste.'

One runner told me there was a direct correlation between the quality of the music on the course and how much it helped. But quality, of course, is subjective. I remember feeling annoyed as I ran past one band playing *Keep On Running*. [41]

Of course, the music was not only there to help runners break their personal bests (although sadly it was unable to help me beat mine), but to provide a sense of occasion, draw out the crowds and create a carnival atmosphere. [42] As I left, people were beginning to relax after the run, listening to an excellent rock band. It was a fitting way to end the day.

- A** I need my music all the time.
- B** I think they knew why I found the music here so distracting.
- C** I enjoyed that for a few moments, but both of them came and went in a flash.
- D** Along with some spring sunshine, it certainly achieved that.
- E** Someone else, though, may have found it uplifting.
- F** I was, in fact, taking my running pretty seriously at that time.
- G** The music here has been great for my performance.

### FCE 1 – TEST 3 – READING PART 3

For questions 17–24, read the text below. Use the word given in capitals at the end of some of the lines to form a word that fits in the gap in the same line. There is an example at the beginning (0).

Write your answers **IN CAPITAL LETTERS** on the separate answer sheet.

Example: 0 C Y C L I S T

#### Cycling

I have been a keen (0) ..... for about nine years. When I began cycling, **CYCLE**  
I found the flat roads easy but the hills almost (17) ..... Surprisingly, **POSSIBLE**  
now it's the opposite. A long flat ride can be both dull and (18) ..... **EXHAUST**  
as you never experience that fantastic feeling of freedom when speeding  
downhill. Years ago, going uphill left me (19) ..... Now I have learned **BREATH**  
to take hills slowly and steadily.

When I set off, I'm full of energy and the first hundred metres are  
(20) ....., the next couple of kilometres a bit tiring, but on the whole the **MARVEL**  
experience is very (21) ..... **ENJOY**

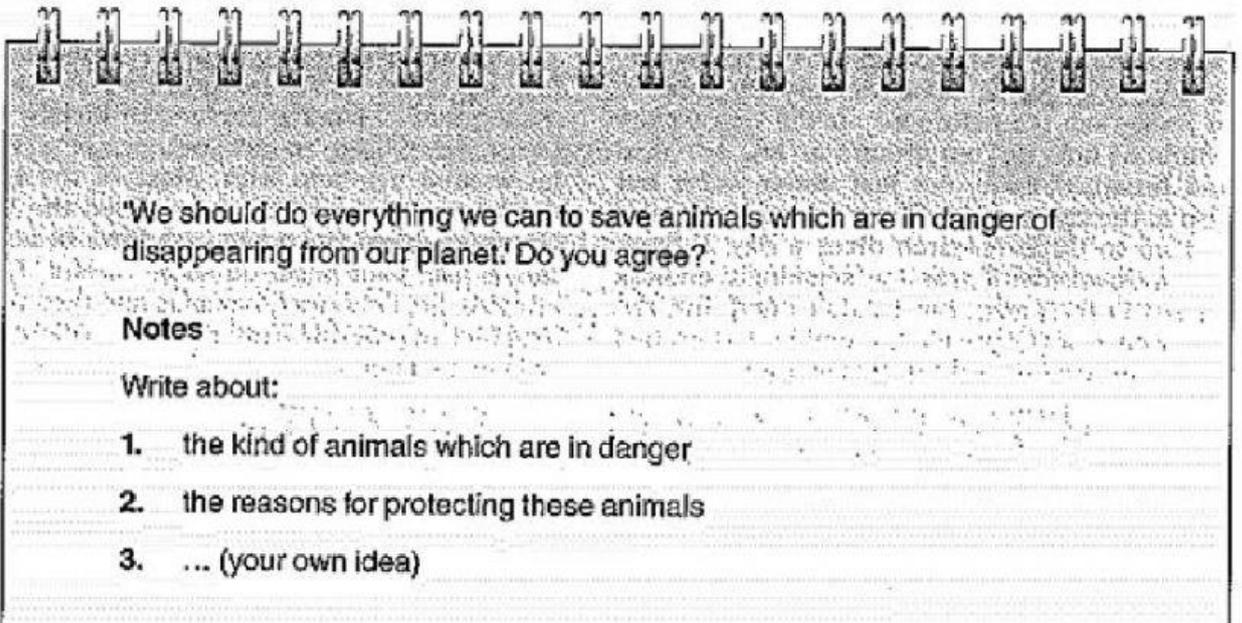
Cycling is (22) ..... any other forms of exercise I have tried; it is never **LIKE**  
a chore but always a (23) ..... The physical benefits are obvious but **PLEASE**  
the mental benefits are (24) ..... important; when you are travelling **EQUAL**  
calmly at a sensible speed, you breathe fresh air, have time to think and  
can relax.

FCE 1 – TEST 4 – WRITING PART 1

You must answer this question. Write your answer in 140–190 words in an appropriate style on the separate answer sheet.

1 In your English class you have been talking about animals and the environment. Now, your English teacher has asked you to write an essay.

Write an essay using all the notes and give reasons for your point of view.

A graphic of a spiral-bound notebook with a grey cover and white pages. The spiral binding is on the left side. The notebook is open to a page with a dotted writing area.

'We should do everything we can to save animals which are in danger of disappearing from our planet.' Do you agree?

**Notes**

Write about:

1. the kind of animals which are in danger
2. the reasons for protecting these animals
3. ... (your own idea)

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FCE 1 – TEST 4 – LISTENING PART 1

Các con mở link nghe sau bằng máy tính:

<https://tinyurl.com/433swbrw>

You will hear people talking in eight different situations. For questions 1–8, choose the best answer (A, B or C).

- 1 You hear a sportsperson talking about her sporting career.  
What is she going to do in the future?  
A change her career  
B become a sports writer  
C train for the next event
  
- 2 You hear two friends talking about a laboratory experiment.  
How do they both feel now?  
A anxious about the procedures they used  
B annoyed about having to repeat it  
C disappointed with the results
  
- 3 You overhear a student calling his university department.  
Why is he phoning?  
A to make a complaint  
B to find out about a course  
C to book an appointment
  
- 4 You hear two friends talking about a website.  
The man thinks that the website is  
A helpful.  
B interesting.  
C easy to use.

- 5 You hear a man talking about his decision to become a singer. His mother was unhappy about it because she didn't
- A like his kind of music.
  - B want him to leave education.
  - C think it would suit him.
- 6 You overhear a man calling a TV shop. Why is he calling?
- A to cancel an order
  - B to arrange a delivery
  - C to make a purchase
- 7 You hear two friends talking about a meal. What do they agree about it?
- A It was expensive for the amount of food they got.
  - B Some of the foods they were served didn't go well together.
  - C The dishes they were given weren't cooked properly.
- 8 You hear a college lecturer talking to a student. What is he doing?
- A giving encouragement
  - B offering to help
  - C suggesting improvements

**I. Put the verb into the correct form of SECOND CONDITIONAL**

- 1 If I knew (I / know) his number, I would phone him.
- 2 I wouldn't buy (I / not / buy) that coat if I were you.
- 3 ..... (I / help) you if I could, but I'm afraid I can't.
- 4 This soup isn't very nice. .... (it / taste) better if it wasn't so salty.
- 5 We live in a city and don't need a car, but we would need one if .....  
(we / live) in the country.
- 6 If we had the choice, ..... (we / live) in the country.
- 7 I'd make a lot of changes if ..... (I / be) the manager of the company.

**II. Complete the sentences by using a correct preposition + "whom" or "which"**

1. Mr. John, ..... I spoke at the *conference (hội nghị)*, is fond of our *proposal (sự đề xuất)*.
2. .... exam are you nervous?
3. Your camera, ..... I'm interested, broke down suddenly yesterday.
4. There has been a dramatic increase in the number of the elderly, ..... the government needs to have responsibility.
5. Helen, ..... Mary is similar, is good at Maths.