Staring at Screens- Vocab

6 **Using vocabulary** Complete the sentences with the words and phrases in the box.

average week	*couch potato*	*turn down the volume*	*turn the TV off*
change channels	*remote control*		*waste of time*
channel surf	*the TV*	*turn on the TV*	

1. As soon as I get home from work, I _____ because I want to know what's on the news.
2. When friends come to visit, we usually _____ and just talk and have something to eat.
3. When I don't like a TV show, I _____ and find another program or turn it off and go out.
4. The commercials are very loud, so I _____ when they come on.
5. I prefer to read in a quiet room, without _____ on.
6. To find a good program on TV, I don't look in the newspaper. I usually just _____ until I find something interesting.
7. I don't like to exercise or go out; I prefer to stay home and watch TV. I guess I am a _____.
8. It's easy to change channels with a _____; you don't have to move.
9. I think TV is entertaining and educational, but other people think it's a _____ .
10. I watch about 20 hours of TV during a(n) _____ .

LIVEWORKSHEETS