

12. Put \_\_\_\_\_ wood into the campfire to keep warm
13. Smoke \_\_\_\_\_ or you will have lung cancer.
14. Eat \_\_\_\_\_ raw food or you will have stomachache.
15. Spend \_\_\_\_\_ time on TV and pay \_\_\_\_\_ attention to your siblings.
16. Sunbathe \_\_\_\_\_ if you don't want to have skin cancer.
17. Take \_\_\_\_\_ photos of this beautiful mountainous area.
18. Wear \_\_\_\_\_ warm clothes or you'll be cold.
19. Put \_\_\_\_\_ more effort in your work to achieve best result.
20. Watch \_\_\_\_\_ documentaries about Nile River and write a report.

**Bài 7: Hoàn thành các câu sau bằng cách điền cụm từ thích hợp dưới đây vào chỗ trống.**

Prepare more	Talk less	Drink more	Study more
Drink less	Talk more	Plant more	Go out more

1. \_\_\_\_\_ cakes because many people will come to our party.
2. You are so talkative. \_\_\_\_\_ and listen more.
3. It is a difficult subject. \_\_\_\_\_ or you may fail.
4. Why are you so quiet? \_\_\_\_\_. Everyone here is friendly.
5. \_\_\_\_\_ pure water and your body will function better.
6. \_\_\_\_\_ with friends and you won't be bored.
7. \_\_\_\_\_ trees to make your neighborhood greener.
8. \_\_\_\_\_ wine or you will have a headache.

**Bài 8: Dùng câu mệnh lệnh với “more/less” để đưa ra lời khuyên về sức khỏe.**

Jim is getting fat. He eats a lot of fast food every day.

*Eat less fast food.*

1. Your father smokes several cigarettes a day. It is very harmful to his lungs.  
-----
2. Jane stays up too late. She is always sleepy.  
-----
3. Maria takes in a lot of sugar every day. She may suffer from diabetes  
-----
4. He spends too much time on computer. He will soon be very short-sighted  
-----

5. Mary likes drinking cold water. She may have sore throat.

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6. Your friend always eat raw food. She will have an upset stomach.

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7. Louis works too much. He doesn't relax much. He is very weak and tired.

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8. Jay always look tired. He doesn't exercise enough.

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#### **Bài 9: Khoanh tròn vào đáp án đúng**

1. (Spend more/ do more) time doing morning exercises.
2. (Play more/ do more) sports like biking, swimming or yoga.
3. Give up junk food and (eat less/ eat more) food high in fat, salt, and cholesterol.
4. (Take in more/ Eat less) healthy foods like fruits, vegetables, fish or nuts in your daily meals.
5. If you get fat, (eat less/ sleep more) and (exercise more/ sleep less).
6. Don't (take in more/ take in less) calories than you burn.
7. (Spend more/ Spend less) time with family and friends.
8. (Pay more/ Pay less) attention to your health.
9. If you want to be taller, (drink more/ drink less) coca and (take in more/ take in less) calcium.
10. If you want to avoid obesity, (eat more/take in less) sugar.
11. (Wear less/ Put on more) clothes or you will have the flu.
12. (Go out more/ Go out less) on sunny days to avoid sunburn and skin cancer

#### **Bài 10. Gạch chân lỗi sai trong câu và viết lại câu đúng.**

1. Studies more or you won't pass the test.

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2. Exercise less during daytime and you will have a decent night sleep.

---

3. Read less books and you can learn new things.

---

4. Don't drink less beer or you will have a big belly.

---

5. Don't smoke more and you will have poor health condition.

---

6. Talk more and keep quiet. I need to concentrate on my homework.

---

7. Spend more time on computer and hang out more with friend.

---

8. Eat less carrots because they are good for your eyes.

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## BÀI TẬP TỔNG HỢP NÂNG CAO

**Bài 11: Sắp xếp những từ đã cho thành câu hoàn chỉnh.**

1. Be/ you/ confident/ more/ will/ perform/ and/ better.

---

2. or/ Show off/ no one/ less/ you/ like/ will.

---

3. Eat/ much/ too/ don't/ but/ more/ meat/ eat.

---

4. but/ You/ try/ your best/ never/ want/ you/ successful/ to be.

---

5. Singer/ is/ a/ Louis/ good/ brilliant/ a/ actor/ and/ is/ he.

---

6. so/1/ ,/ more time/ my family/ with/ less time/ computer/ on/1/ spend/ have.

---

7. his mother/ let/ him go/ but/Tom/ to go/ doesn't/ wants/ to/ the party.

---

8. a/ Gordon Ramsay/ loves/ fond/ of/ Masterchef/ My mother/ she/ is/ and/ watching.

---

**Bài 12: Nối mệnh đề ở cột A với mệnh đề ở cột B sao cho thích hợp.**

A	B
1. Emily has an enquiring mind	a. so she saves money from now.
2. Underclassmen at colleges may find it difficult in a new learning environment	b. but we don't buy anything.

3. New and modern equipment will soon replace the old stuff,	c. or you will have the flu.
4. Sarah wants to travel around the world,	d. and she learns a lot from reading books.
5. At times, my friends and I go shopping	e. and leave the car.
6. Keep warm	f. but sometimes they can't escape predators such as lions.
7. Unfasten your seatbelt	g. but the teachers can help and support them.
8. Zebras are fast-moving animals	h. so we will live more conveniently and comfortably.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_  
 5. \_\_\_\_\_ 6. \_\_\_\_\_ 7. \_\_\_\_\_ 8. \_\_\_\_\_

**Bài 13: Dựa vào những gợi ý cho sẵn và dùng liên từ "and/ but/ or/ so" để tạo thành câu ghép.**

1. Janet/ my teacher/ she/ my best friend.

⇒ Janet is my teacher and she is my best friend.

2. I/ hate/ cats/ 1/ love dogs.

3. My brother/ 20 years old/ he/ like/ watch/ cartoons.

4. There/ not anything/ in the fridge/ 1/ go/ shopping.

5. All the students/ have to/ finish/ homework/ the teacher/ punish/ them.

6. James/ have/ many books/ he rarely read/ books.

7. My uncle/ suffer from/ diabetes/ he stop/eating sugar.

8. She/ need/ new clothes/ she/ not have/ money.

9. Right now/ my mother/ feed/ the baby/ my father/ do/ housework.

10. ----- My  
grandmother/ miss/ me and my brother/ we/ visit/ her/ this summer.

**Bài 14: Đặt các từ đã cho vào trong khoảng trống để hoàn thành đoạn văn sau:**

More	but	but	so	and	or
Burns	good		relax	forget	meals

"Do (1) \_\_\_\_\_ exercises to be healthier!" says the doctor. Everyone knows that doing exercises is (2) \_\_\_\_\_ for the health. First of all, doing exercises (3) \_\_\_\_\_ calories (4) \_\_\_\_\_ it helps you lose weight. You can go to the gym to work out (5) \_\_\_\_\_ you can play sports with your friends. You can sleep better if you act a lot during daytime. Moreover, regular exercises allow your blood to flow smoothly, (6) \_\_\_\_\_ you can avoid heart disease. Besides, you need to pay attention to your daily (7) \_\_\_\_\_. Drink (8) \_\_\_\_\_ water and avoid alcohol. You should eat healthy food to have enough energy (9) \_\_\_\_\_ you shouldn't eat too much. It is important that you have time to (10) \_\_\_\_\_ after long working hours. Lastly, never (11) \_\_\_\_\_ to visit the doctor regularly to check your health condition.

**Bài 15: Đọc đoạn văn sau đây và điền T (true) trước câu đúng, điền F (False) trước câu có thông tin sai.**

**Pet therapy**

Pet therapy is a modern way of using pets to help people recover from or be healthy issues such as cancer, heart problems or mental health problems. Dogs and animals can assist people and they also bring comfort and enjoyment for the patients. Pet therapy takes place many where, including hospitals, care homes, and treatment centers. It includes a wide range of activities such as walking, looking after, and grooming the therapy animal, spending time with a dog makes the patients feel comfortable and release stress.

Beside the specially-trained dogs in big hospitals, anyone can adopt a pet and make friends with it. Along walk with your dog helps you become physically and mentally stronger. Pets brings many benefits to people but you shouldn't have one if you have an allergy to animals' hair. If you want to stay healthy with your pet, you should make sure it is always clean. Remember to bring it to the vet's regularly to check its health condition.

	1. Pet therapy is a traditional way of treating
	2. Pet therapy only takes place in hospitals.
	3. Pet therapy includes walking, looking after, and grooming the therapy animal.
	4 Walking with your dog makes you stronger.
	5. You have an allergy to animal's hair so you should have a pet.