Practice 4

Student's name: _____

Instructions: Read the text and understand it to answer some questions.

Headaches

Recurring headaches can have disruptive effects in a person's life. Initially, in many cases, these headaches make a person nauseous to the point that he or she must go to bed. Furthermore, sleep is often interrupted because of the pain. This results in disrupted sleep. Disrupted sleep worsens the physical and emotional state of the sufferer. For those who try to maintain a normal lifestyle, drugs are often relied on to get through the day. Such drugs, of course, can lead to other negative effects. Drugs can inhibit productivity on a job, perhaps even causing regular absences. Not only is work affected, but the seemingly unpredictable occurrence of these headaches leads to disruption in family life. The ensuing interruption to a person's family life is enormous. cancelling plans in the last minute and straining relationships with friends and family. Therefore, many of these people feel discouraged and even depressed due to the cycle of misery re-occurring headaches cause.

Questions

1. Is this an expository text?

2. Why is it and expository text? Explain it with 4 characteristics.

3. What type of expository text is it?

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4. What are the signal words of this expository text?

5. What are the causes and the effects of this text?

Headaches	
Causes	Effects

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