



For

We use **for** when we are talking about the duration of an action or state:

I have lived in London **for** seven years. (This tells us *how long* I have lived in London)

Since

We use **since** when we are talking about when the action or state started:

I have lived in London **since** 1997. (This tells us *when* I started living in London.)

for and since quiz Choose the correct word.		for	since
1	He's worked there ____ he left college.		
2	I've know her ____ ages.		
3	It's been open ____ last month.		
4	I lived there ____ several years.		
5	She's studied here ____ two years.		
6	I haven't seen them ____ July.		
7	____ when have you been allowed to do that?		
8	I've been waiting ____ twenty minutes.		
9	I have been waiting ____ midday.		
10	They've known about it ____ ages.		