

For questions 1–8, read the text below and decide which answer (A, B, C or D) best fits each gap. There is an example at the beginning (0).

Mark your answers on the separate answer sheet.

Example:

0 A hear B listen C sound D ring

|   |                          |                          |                                     |                          |
|---|--------------------------|--------------------------|-------------------------------------|--------------------------|
| 0 | A                        | B                        | C                                   | D                        |
|   | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |

### A dress made of paper

Would you ever wear something made with paper from your old schoolbooks? It might (0) ..... like a crazy idea, but Kara Koskovich, a high school student in Canada, became front-page (1) ..... when she made herself a dress out of her maths homework.

The dress was for her school 'prom', or leaving party, and she decided to have some fun creating this amazing and (2) ..... dress, as well as help the environment at the same time by recycling 75 pages from her maths exercise book. It was also an affordable (3) ..... compared to buying a new dress at (4) ..... expense; apart from the thread she bought, the dress was (5) ..... free.

Kara's best friend (6) ..... in the creative fun too, making her own recycled dress for the occasion using plastic shopping bags. Other teenagers have also made unusual (7) ..... of party dresses. Coffee filters, chewing gum wrappers and crisp packets have all (8) ..... out to be viable materials.

- 1 A news B article C press D report
- 2 A sole B only C unique D single
- 3 A selection B course C preference D option
- 4 A extensive B substantial C considerable D exceptional
- 5 A certainly B basically C definitely D principally
- 6 A joined B involved C concerned D linked
- 7 A alternatives B models C replacements D versions
- 8 A pointed B set C turned D got



## Test 3

## Reading and Use of English • Part 3

For questions 17–24, read the text below. Use the word given in capitals at the end of some of the lines to form a word that fits in the gap in the same line. There is an example at the beginning (0).

Write your answers **IN CAPITAL LETTERS** on the separate answer sheet.

Example: 0 

|   |   |   |   |   |   |   |   |   |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|--|--|--|--|--|--|--|--|--|--|--|
| M | O | T | I | V | A | T | E | D |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|--|--|--|--|--|--|--|--|--|--|--|

### Training for a long-distance running race

The secret of success when preparing to run in a long-distance race is to remain extremely (0) \_\_\_\_\_, to train sensibly, and to focus on proper nutrition. It takes more than willpower alone to run several kilometres. There is some (17) \_\_\_\_\_ over the best way of training, however, and studies have not reached any universal conclusions.

Nevertheless, successful (18) \_\_\_\_\_ tend to approach their training in similar ways. They focus on staying healthy and, (19) \_\_\_\_\_, you may think, are careful not to overtrain. It is (20) \_\_\_\_\_ to train slightly less, but remain strong and full of (21) \_\_\_\_\_, than to train too hard and face (22) \_\_\_\_\_ or injury.

The (23) \_\_\_\_\_ of a healthy diet can never be stressed too much, of course, and you should always eat a good helping of carbohydrates soon after exercising. Another crucial (24) \_\_\_\_\_ is the need to remain hydrated at all times. Listen to your body: if you feel thirsty, then you need a drink.

MOTIVATE

AGREE

RUN

SURPRISE

PREFER

ENTHUSIASTIC

SICK

IMPORTANT

CONSIDER