

# 1 GRAMMAR position of adverbs and expressions of frequency

- a Complete the *You* column in the chart. Then complete the sentences with a verb and an adverb of frequency.

|                       |      |                                                                                   |                                                                                    |                                                                                     |
|-----------------------|------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| always                | ✓✓✓✓ |  |  |  |
| usually               | ✓✓✓  | Matt                                                                              | Becky                                                                              | You                                                                                 |
| often                 | ✓✓✓  |                                                                                   |                                                                                    |                                                                                     |
| sometimes             | ✓✓   |                                                                                   |                                                                                    |                                                                                     |
| hardly ever           | ✓    |                                                                                   |                                                                                    |                                                                                     |
| never                 | -    |                                                                                   |                                                                                    |                                                                                     |
| sleep for eight hours | ✓✓✓✓ | ✓✓                                                                                |                                                                                    |                                                                                     |
| be relaxed            | ✓✓✓✓ | ✓✓✓                                                                               |                                                                                    |                                                                                     |
| do sport or exercise  | ✓✓   | -                                                                                 |                                                                                    |                                                                                     |
| eat healthy food      | ✓✓✓  | ✓                                                                                 |                                                                                    |                                                                                     |
| be ill                | -    | ✓✓✓✓                                                                              |                                                                                    |                                                                                     |

- 1 Matt usually sleeps for eight hours.
- 2 He \_\_\_\_\_ relaxed.
- 3 He \_\_\_\_\_ sport or exercise.
- 4 He \_\_\_\_\_ healthy food.
- 5 He \_\_\_\_\_ ill.
- 6 Becky \_\_\_\_\_ for eight hours.
- 7 She \_\_\_\_\_ relaxed.
- 8 She \_\_\_\_\_ sport or exercise.
- 9 She \_\_\_\_\_ healthy food.
- 10 She \_\_\_\_\_ ill.
- 11 I \_\_\_\_\_ for eight hours.
- 12 I \_\_\_\_\_ relaxed.
- 13 I \_\_\_\_\_ sport or exercise.
- 14 I \_\_\_\_\_ healthy food.
- 15 I \_\_\_\_\_ ill.