GRAMMAR position of adverbs and expressions of frequency

Read the text about British teenagers. Is it the same in your country?

Today's teenagers may not live as long as their parents

Doctors are worried that today's teenagers have a very unhealthy lifestyle, and may not live as long as their parents' generation. Research shows:

- 30% of teenagers never have breakfast.
- They eat fast food at least two or three times a week and 75% hardly ever eat fruit or green vegetables.
- They don't usually sleep 8 hours a day. (30% sleep only 4–7 hours.) They are often tired in the morning.
- They spend about 31 hours online every week. A lot of teenagers never do sport or exercise.



b Look at the position of the highlighted words and expressions. Circle the correct rule.

1 Adverbs of frequency (e.g. *usually*) go…
before / *after* a main verb.
before / *after* the verb *be*.

2 Expressions of frequency (e.g. *every week*) go…
at the beginning / *at the end* of a phrase or sentence.

LIVEWORKSHEETS